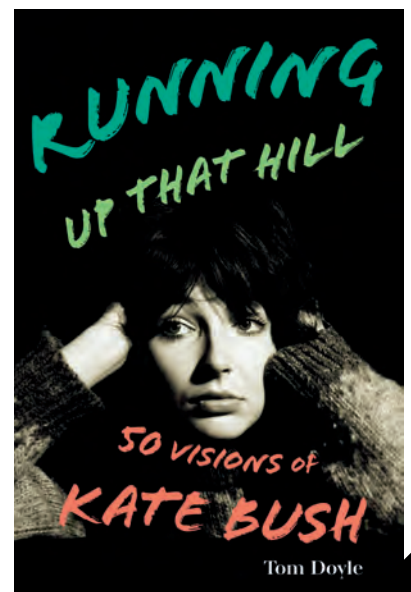
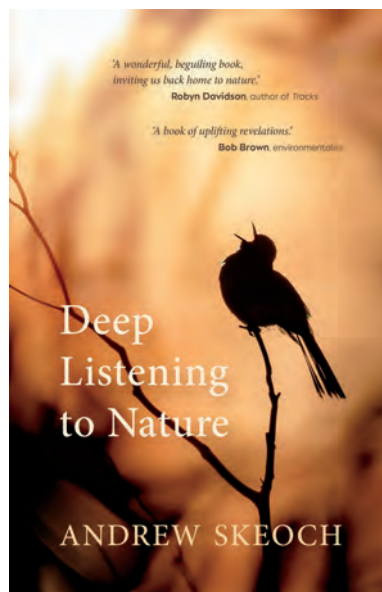
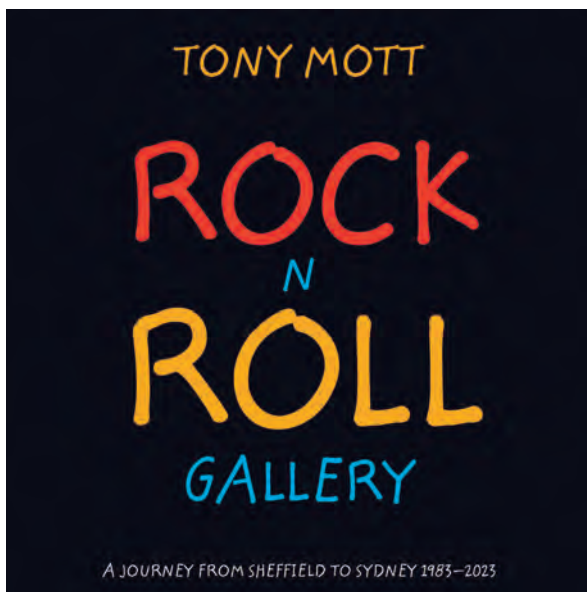
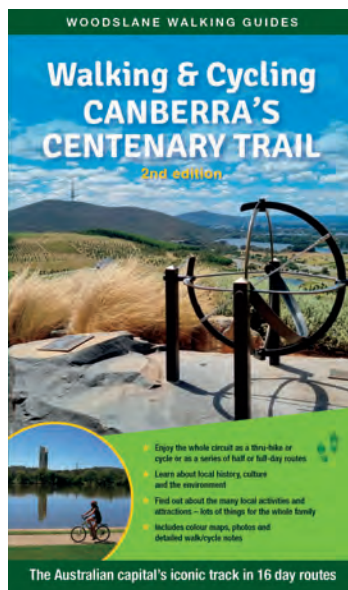
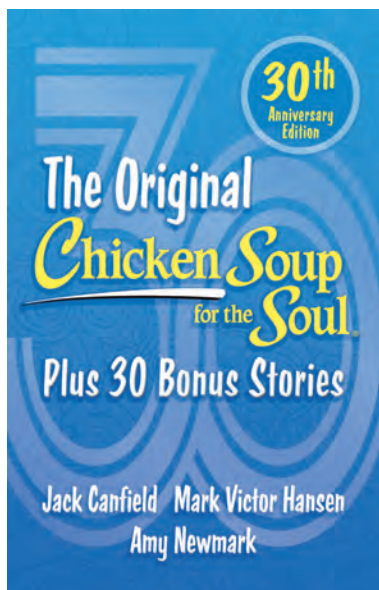


# SEPTEMBER 2023

## NEW RELEASE CATALOGUE

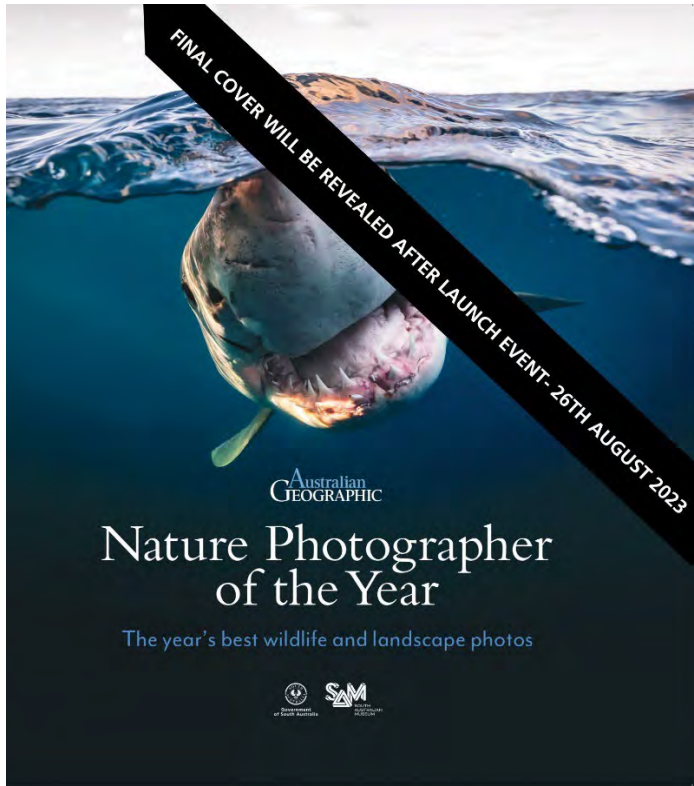


# WOODSLANE

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E: [INFO@WOODSLANE.COM.AU](mailto:INFO@WOODSLANE.COM.AU)

KIDS & PARENTING TITLES ON THE OTHER SIDE



## Australian Geographic Nature Photographer of the Year 2023

The Year's Best Wildlife and Landscape Photos 2023

*By Australian Geographic*

### Key Sales Points:

- \* Detailed camera information and insight into the photographic process for each entry.
- \* Images of the landscapes and wildlife of the Australasian region.
- \* Includes judges' commentaries.
- \* Previous Edition ISBN: **9781922388834**

The natural heritage of the unique bioregion that encompasses Australia, New Zealand, Antarctica, and New Guinea stretches back more than 80 million years to the break-up of the great southern continent of Gondwana.

The South Australian Museum and Australian Geographic focus on enhancing awareness of this extraordinary place by encouraging photography of the region's nature and landscapes and promoting it in an annual competition to find the Australian Geographic Nature Photographer of the Year.

Australasian Nature Photography: The year's best wildlife and landscape photos is a collection of award-winning and shortlisted images from the 2023 competition.

### PLEASE NOTE:

- ❖ Stock is embargoed until the awards night – Friday 25<sup>th</sup> August 2023.
- ❖ Front cover will be revealed after awards have been presented.

### AUSTRALIAN GEOGRAPHIC

Category: PHOTOGRAPHY & PHOTOS

Colour Throughout

Disc: Trade Australian

230 X 190 mm

Release Date: **August 2023**

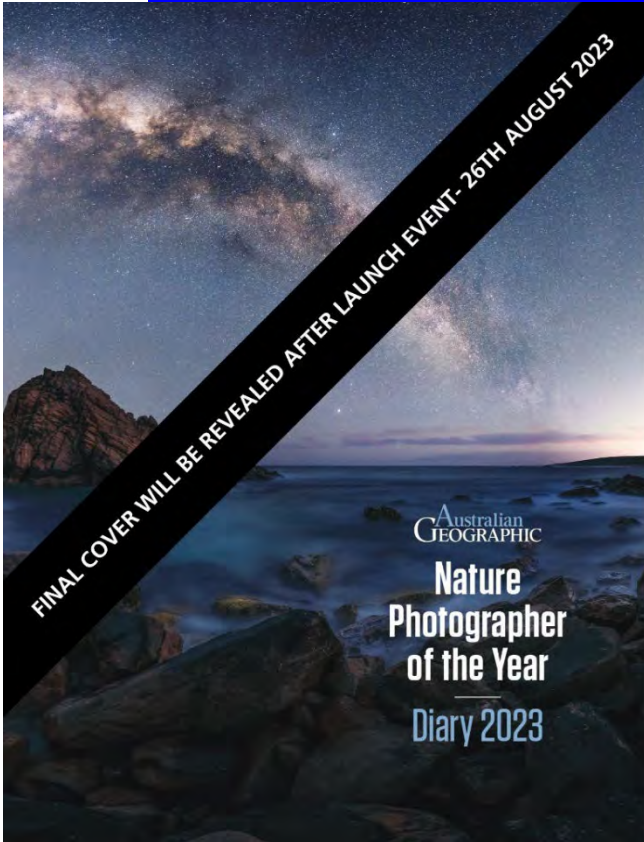
**9781922388988**

Hardback

240 pages

**AUD\$: 34.99**





### Australian Geographic Nature Photographer of the Year Diary 2024

*By Australian Geographic*

**Key Sales Points:**

- \* Large format diary.
- \* Includes images from all categories of the competition.
- \* Features school holidays, public holidays, and moon phases.
- \* Previous Edition ISBN: **935458600611**

This practical week-to-a page hardcover diary features photography from the Australian Geographic Nature Photographer of the Year competition.

**AUSTRALIAN GEOGRAPHIC**

Category: MISCELLANEOUS ITEMS  
 Disc: STATIONERY ITEMS      Diary  
 265 X 210 mm  
 Release Date: **August 2023**      COLOUR THROUGHOUT  
**935458600758**      **AUD\$: 34.99**



### Australian Geographic Nature Photography of the Year Wall Calendar 2024

*By Australian Geographic*

**Key Sales Points:**

- \* Contains big, clear grids and a hanging hole for easy display.
- \* Includes images from the 2024 competition.
- \* Features school holidays, public holidays, and moon phases.
- \* Previous Edition ISBN: **935458600185**

This handy wall calendar features photography from the Australian Geographic Nature Photographer of the Year competition.

**AUSTRALIAN GEOGRAPHIC**

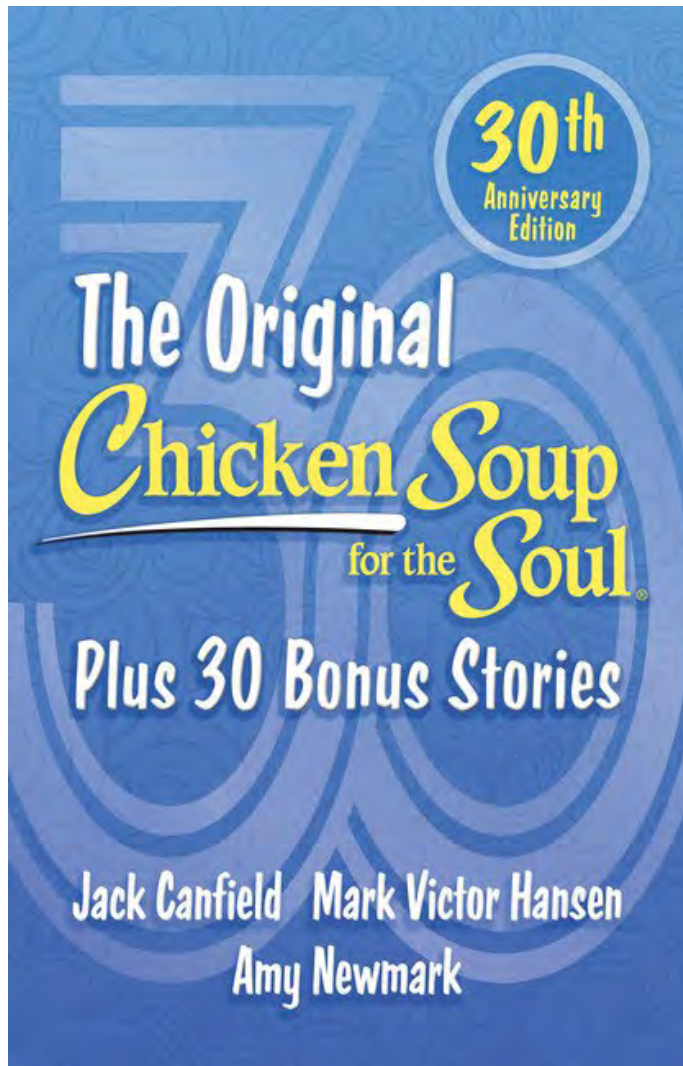
Category: MISCELLANEOUS ITEMS  
 Disc: STATIONERY ITEMS      Calendar  
 279 X 216 mm  
 Release Date: **August 2023**      COLOUR THROUGHOUT  
**935458600765**      **AUD\$: 29.99**



**PLEASE NOTE:**

- ❖ Stock is embargoed until the awards night – Friday 25<sup>th</sup> August 2023.
- ❖ Front covers will be revealed once the awards have been presented.





### Chicken Soup for the Soul 30th Anniversary Edition

Plus 30 Bonus Stories

By Amy Newmark, Jack Canfield, Mark Victor Hansen

The classic New York Times bestseller that started it all— and according to USA Today, one of the top five books in the past quarter century “that leave a legacy.” The Classic Original... with 30 new bonus stories for the next 30 years!

Everyone is still talking about it. Thirty years after its creation, this bestseller continues to change lives around the world.

Rediscover the power of inspiration with timeless stories about the everyday miracles that illuminate the best of the human spirit.

Whether you’re discovering Chicken Soup for the Soul for the first time, or you are a long-time fan, this book will inspire you to be a better person, reach for your highest potential, overcome your challenges, improve your relationships, and embrace the world around you.

Read your favourite original stories plus 30 bonus stories, including ones by:

- MK Asante, Rev. Michael Beckwith, Gabrielle Bernstein, Jack Canfield, Kris Carr, Deepak Chopra, Lori Deschene, Tony D’Urso, Pat Farnack, Eric Handler, Mark Victor Hansen, Robert Holden, Tory Johnson, Mastin Kipp, Rabbi Steve Leder, Joan Lunden, Brad Meltzer, Amy Newmark, Deborah Norville, Nick Ortner, Laura Owens, Zibby Owens, Tony Robbins, don Miguel Ruiz, Sophronia Scott, and Jane Wolfe.

**Author Bio:**

Amy Newmark is Publisher and Editor-in-Chief of Chicken Soup for the Soul. Jack Canfield is co-creator of the Chicken Soup for the Soul (R) series, which includes forty New York Times bestsellers, and co-author of The Success Principles: How to Get from Where You Are to Where You Want to Be. He is a leader in the field of personal transformation and peak performance and is currently CEO of the Canfield Training Group and Founder and Chairman of the Board of The Foundation for Self-Esteem. An internationally renowned corporate trainer and keynote speaker, he lives in Santa Barbara, California. Mark Victor Hansen is a co-founder of Chicken Soup for the Soul.

**CHICKEN SOUP SOUL**

Category: SELF-HELP/PRACTICAL

Not Illustrated

Disc: Trade International

216 X 140 mm

Release Date: September 2023

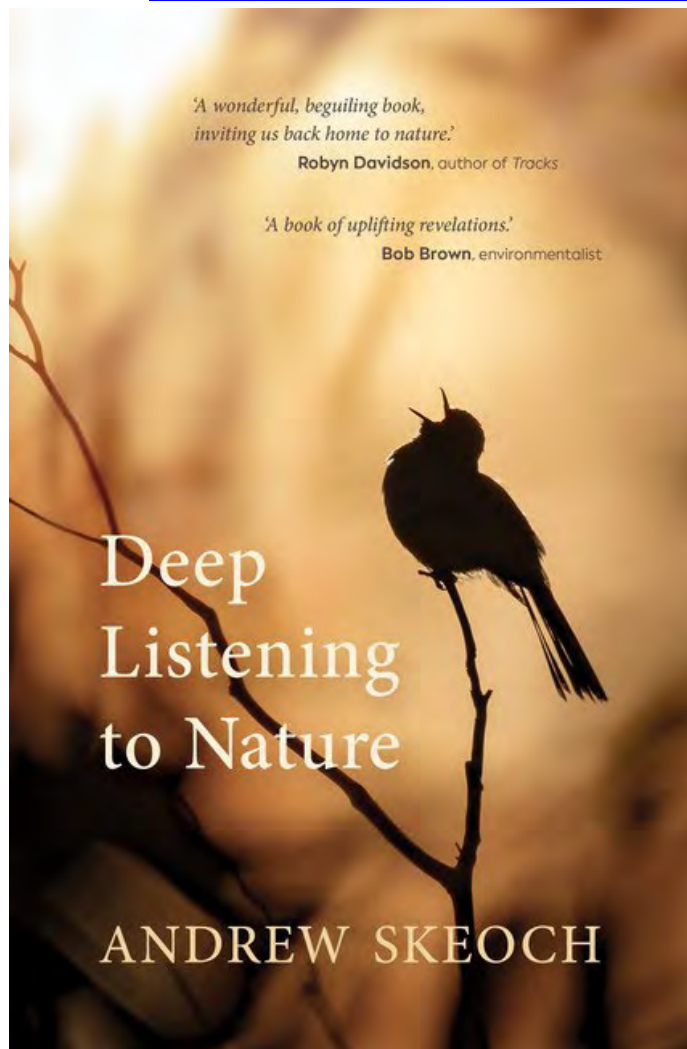
9781611591057

Paperback

384 pages

AUD\$: 34.99





## Deep Listening to Nature

By Andrew Skeoch

### Key Sales Points:

- \* Will be an entertaining and fascinating journey for a range of readers from high school level on, appealing well beyond those with a natural history interest.
- \* Takes the reader on a personal journey around the world, as the author discovers, documents, and comes to appreciate the sounds of our wild planet.
- \* Invites readers to develop their own listening skills, slowing down and attuning to an awareness of nature around them.
- \* Teaches how to interpret nature's languages, focusing on birds and discussing why they use specific sounds to facilitate communicative purposes. Topics such as mimicry, regional dialects, song learning and sonic strategies take us deeper into the daily lives of species, and the various ways they utilise sound.
- \* Considers how sonic communication has shaped the evolution of life on Earth, and points to how this can be heard now if we know what to listen for.

Deep Listening to Nature is an invitation to open our ears to the natural world. Beginning by tuning in to the sounds of creatures around us, Andrew discusses how to identify species by call, interpret their communications and find empathy for their sentence. Part reflection, part nature and travel diary, Andrew asks the question: What does listening reveal about how the living systems of nature function, and why do birds negotiate their interactions in such lyrical and extraordinary ways?

### Author Bio:

Andrew Skeoch is an educator, naturalist, environmental thinker, and one of Australia's best-known nature sound recordists. Over the last thirty years, he has documented the sounds of wild environments around the planet, and through his label 'Listening Earth', published over one hundred recordings featuring habitats from most continents. These albums consistently attract Spotify streaming figures in the many tens of thousands a week. His recordings are also heard in the audio installation at Sydney Wildlife World, and feature in the currently touring Australian Geographic / Northern Pictures immersive installation 'Our Country'. They have contributed to feature films, including Peter Gabriel's soundtrack to Phillip Noyce's 'Rabbit Proof Fence', Disney's 2016 remake of 'The Jungle Book', and the upcoming 'Force of Nature' with Eric Bana. Andrew is an experienced public speaker, having given presentations to audiences ranging from local community and school groups to university students. He has delivered radio features, keynote addresses and a TEDx talk, weaving spectacular recordings with visual analysis. He is also president of the Australian Wildlife Sound Recording Group, a premier association of nature field recordists that encourages skills and passion in a new generation of enthusiasts.

He concludes by suggesting we not only listen to learn about nature but learn from nature. He asks how, in our current environmental crisis, we may mimic what the biosphere has achieved in sustaining life as we move toward an ecological future and in doing so, form a deeper and more personal connection to Country. Andrew encourages us to be still and listen. Extend our senses. Let nature get to know us, and in its own way, to welcome us. The book is accompanied by an online soundtrack with 300 audio recordings, which bring the text to life.

### LISTENING EARTH

Category: NAT HIST/WLDLFE/PETS

Author is from VIC

Not Illustrated

Disc: Trade Australian

234 X 153 mm

Release Date: July 2023

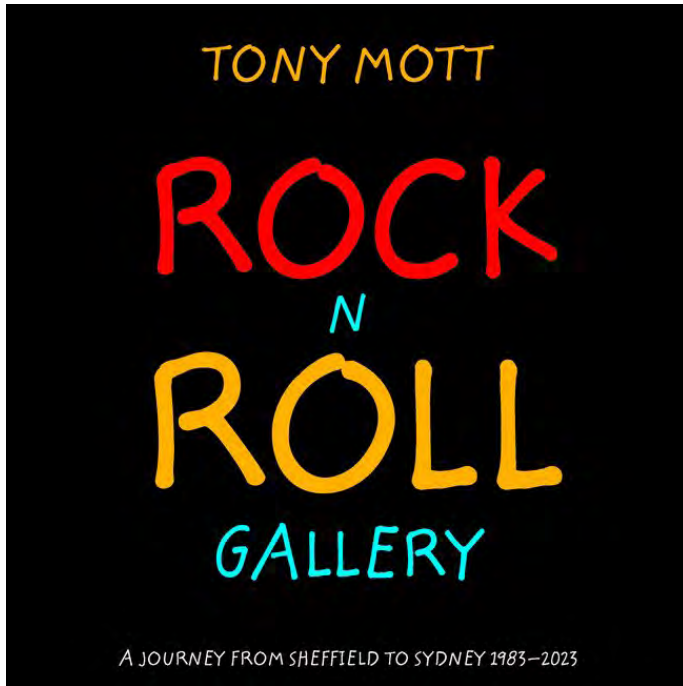
9780645756302

Paperback

296 pages

AUD\$: 32.99





## Rock N Roll Gallery

A Journey from Sheffield to Sydney 1983-2023

By Tony Mott

### Key Sales Points:

- \* In Rock N Roll Gallery - A Journey from Sheffield to Sydney 1983 -2023, Tony Mott has carefully curated a compilation of just about every musician he has ever photographed and that's a lot of musicians. From the first photo Tony sold for \$20 of the Divinyls' Chrissy Amphlett in Kings Cross, to exclusive iconic images of the Rolling Stones on tour.
- \* The book is a limited-edition collector's item. It is an ode to rock and roll and the musicians who make it live forever, Rock N Roll Gallery is 240 pages of photos that tell the inside story of rock and roll over the past 40 years.
- \* Tony takes the reader on a journey that spans oceans, continents, and different career paths. From his childhood in Sheffield, Yorkshire, to working as a chef on cruise ships and then establishing a new life in Sydney in the 1980s where those first photos of the Divinyls had "a snowball effect" and lead to Tony being asked to photograph rock stars selling out the world's biggest stadiums.
- \* Tony reveals his top twenty photos 'photographically' (with his critical photographer lens), his top twenty photos 'musically' (from the heart of a lifelong music lover) and his A to Z of bands and artists over the years.

### Author Bio:

For 40 years, Tony Mott has been the musician's photographer, having been asked to photograph some of the biggest performances of our times. Tony was born in England in 1956. After training as a chef, he travelled the world, working as a chef in Sydney and then on international cruise ships, sailing to over 60 countries. It was on those cruise ships that his desire to capture amazing places and people was borne. Back in Sydney's thriving live music scene in the early 1980s he honed his craft, taking photos of the Divinyls. This launched a career spanning decades, taking photos of some of the biggest names in music, both on and off the stage. Tony's photographs have been published in magazines, newspapers and used as album covers. He has published more than 30,000 photos in 20 countries, including 900 magazine front covers.

If a picture tells a thousand words, Tony Mott 's photos tell millions of stories.

His photos of Mick Jagger and Keith Richards mid performance, Peter Garrett kneeling on stage eye to eye with the front row, Tex Perkins holding court in front of an army of fans at Sydney's Big Day Out in 1994, tell the story not just of the musician, or the photographer, but of the thousands and thousands of fans who loved that song in that moment.

Rock N Rock Gallery - A Journey from Sheffield to Sydney 1983 - 2023 is Tony Mott's story in his words, with his photos.

It is a unique opportunity for all music lovers to gain an insider's view into 40 years of rock and roll, from the magic created on stage to the highs and the lows of the backstage bonds.

### WILKINSON PUBLISHING

Category: PHOTOGRAPHY & PHOTOS

Author is from VIC

Disc: Trade Australian

305 X 305 mm

Release Date: September 2023

9781922810748

Hardback

240 pages

AUD\$: 99.00







### F1 Legends

The Greatest Drivers, the Greatest Races

By Dan Peel

Over its more than 70-year history, Formula 1 has grown to become one of the most exciting and most watched sports on Earth.

While it's thrilling mix of danger and drama - not to mention high speed and supreme skill - continue to keep fans entertained and engrossed, it's the characters, personalities, and rivalries of the men behind the steering wheels that are Formula 1's real star attraction.

In Formula 1 Legends we celebrate some of the greatest drivers in Formula 1 history, from the early superstars of Juan Manuel Fangio and Jim Clark to the golden-age greats of Alain Prost, Ayrton Senna, and Nigel Mansell, as well as modern masters Lewis Hamilton and Michael Schumacher.

We also relive ten of the greatest F1 races of all time and run down the most iconic circuits, as well as looking back at the most successful F1 teams and a selection of the sport's pioneering team bosses. So, strap in and prepare to celebrate the fastest show on Earth!

#### Author Bio:

Dan Peel is an experienced editor and writer who has worked extensively across a number of non-fiction genres. He has specialised in shaping Future PLC's extensive high quality content into many best-selling books and bookazines.

#### SONA BOOKS

Category: SPORTS & OUTDOOR REC

Disc: Trade International

Hardback

270 X 210 mm

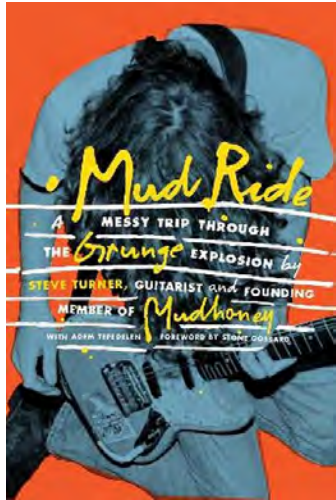
144 pages

Release Date: September 2023

9781915343147

AUD\$: 49.99





**Mud Ride**

By Steve Turner, Adem Tepedelen



A down-and-dirty chronicle of the birth and evolution of the Seattle grunge scene—from amateur skate parks and underground hardcore clubs to worldwide phenomenon—as told by one of its founding fathers.

**OMNIBUS PRESS**

Category: MUSIC  
Disc: TRADE INTERNATIONAL  
234 X 156 mm  
Release Date: September 2023  
9781913172671

Paperback  
304 pages  
NOT ILLUSTRATED  
AUD\$: 42.99



**Running Up That Hill**

By Tom Doyle



Kate Bush: the subject of murmured legend and one of the most distinctive musicians of modern times. Featuring details from the author's conversations with Kate and other luminaries—as well as vignettes of key songs, albums, videos, and more.

**ROWMAN & LITTLEFIELD PUBLISHERS**

Category: MUSIC  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: July 2023  
9781538181164

Hardback  
368 pages  
AUD\$: 69.99



**The Monster Movies of Universal Studios**

By James L. Neibaur

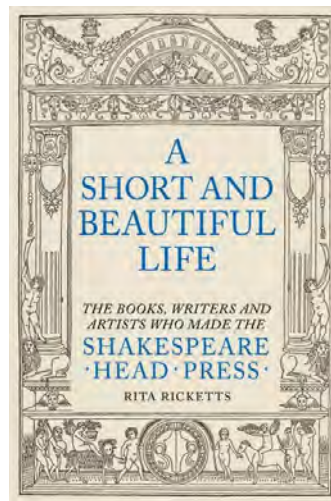


Universal Studios produced some of the most famous movie monsters in history, including Dracula, Frankenstein, The Mummy, The Invisible Man, and The Wolf Man.

**ROWMAN & LITTLEFIELD PUBLISHERS**

Category: FILM, TV & RADIO  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: July 2023  
9781538183892

Paperback  
228 pages  
B&W THROUGHOUT  
AUD\$: 49.99



**A Short and Beautiful Life**

By Rita Ricketts



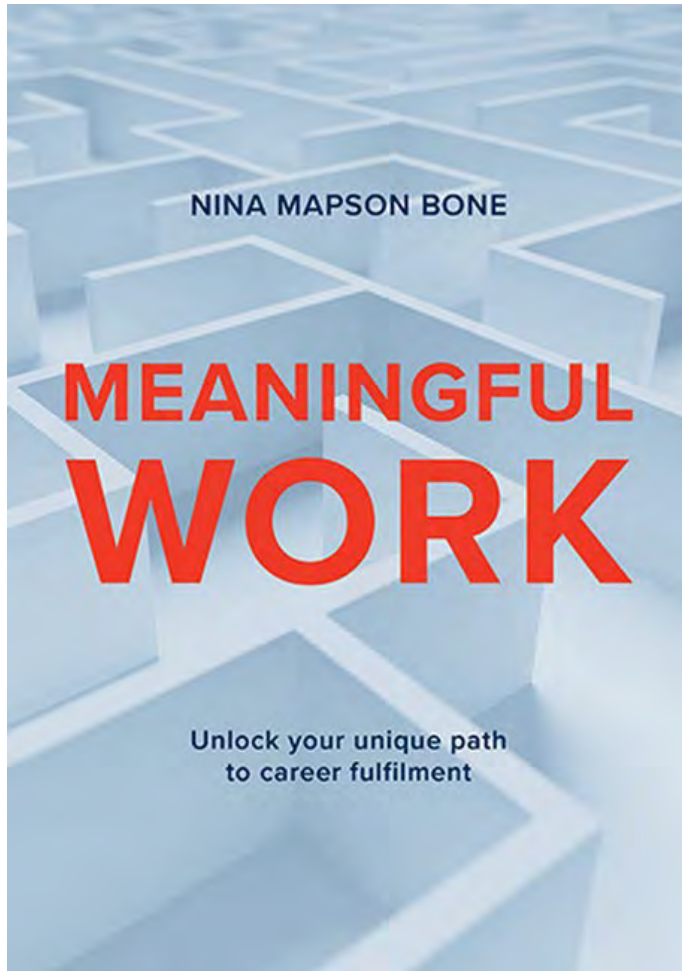
Halting the dead hand of mechanisation Books are not for the rich men, but for all Death by 'carping indolent reviewers' Publish and be damned (to poverty) Escape to paradise Levelling up - reskilling for equality Everyone involved and more.

**UNICORN PRESS**

Category: IND/COMM ART & DESGN  
Disc: TRADE INTERNATIONAL  
234 X 156 mm  
Release Date: September 2023  
9781911397298

Hardback  
208 pages  
B&W THROUGHOUT  
AUD\$: 72.99





## Meaningful Work

Unlock your Unique Path to Career Fulfillment

By *Nina Mapson Bone*

### Key Sales Points:

- \* It shares how current trends such as artificial intelligence, talent shortages and the deficit in human soft skills are shaping the world of work, arming the individual with a toolkit to continue a path of meaningful work into the future.
- \* It is based on world-first and Australian-first research.
- \* Real-life inspiring examples of the people who have found meaningful work, sharing their inflexion points and the sometimes-surprising paths they took to meaningful work.
- \* Practical frameworks and activities, modelled on evidenced based research, are shared that allow the reader to identify what they might need to do differently to unlock their own path to meaningful work.

Are you seeking more meaningful work? Have you been unfulfilled in a variety of jobs, organisations or careers and wondered why? Are you looking for ways to make your current job more meaningful? Or are you looking for work but are unclear how to get it right this time?

Meaningful Work will unlock your unique path to career fulfilment. Based on world-first research, this book will help you define what meaningful work is for you, distilling it down into three key messages you can reflect upon for your own career. Learn how to get to the heart of what is meaningful for you, and how to use this to find contentment in your current or future role. The activities will further help you clarify and articulate how to find meaning in your work. You will also be inspired by the stories of people who have carved out meaningful careers.

Some consciously pursued meaningful work, others took a more winding path of not settling until work felt right. These case studies will stimulate your thinking. They come from people with diverse cultural and professional backgrounds, and all have experiences you can learn from. People are reporting increasing levels of frustration in their careers, while work has become, simultaneously, our primary source of identity, significance and meaning. And artificial intelligence is changing the very nature of work. Understanding meaningful work will empower you to navigate these changing tides.

### Author Bio:

Everything Nina does is to create a world with more meaningful work. She is the Managing Director of Beaumont People, a recruitment and consulting firm that believes in placing people first. She is also President and Chair of the Recruitment, Consulting and Staffing Association of Australia and New Zealand, and the Chair of the Development Committee of the NORTH Foundation, a charity that supports medical research and patient care for the Northern Sydney Local Health District. She has experienced first-hand the power of work to transform your life, and through her work in recruitment has seen time and again how, when engaged in meaningful work, every outcome at work improves for both the individual and the organisation. It is these observations that drive her to continue to help others in their own development of meaningful work.

### PUBLISH CENTRAL

Category: SELF-HELP/PRACTICAL

Author is from NSW

Not Illustrated

Disc: Trade Australian

210 X 148 mm

Release Date: July 2023

9781923007178

Paperback

184 pages

AUD\$: 34.99





**50 Years of Duxford Air Shows**



A vibrant history of IWM Duxford's air shows, tracing its evolution across five decades. From super debuts, dazzling flypasts and all-action aerobatics, this pictorial celebration recalls Duxford's golden moments.

**UNICORN PRESS**

Category: TRANSPORT GEN INTRST

Disc: TRADE INTERNATIONAL

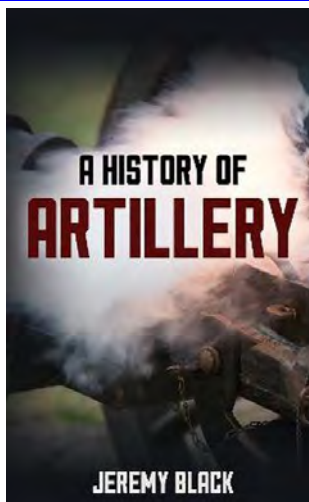
96 pages

Release Date: September 2023

9781912423637

Paperback

AUD\$: 39.99



**A History of Artillery**

By *Jeremy Black*



A History of Artillery traces the development of artillery through the ages, providing a thorough study of these weapons from its earliest recorded use to recent conflicts. Black shows that artillery sits within the general history of a war as a means.

**ROWMAN & LITTLEFIELD PUBLISHERS**

Category: HISTORY

Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: **May 2023**

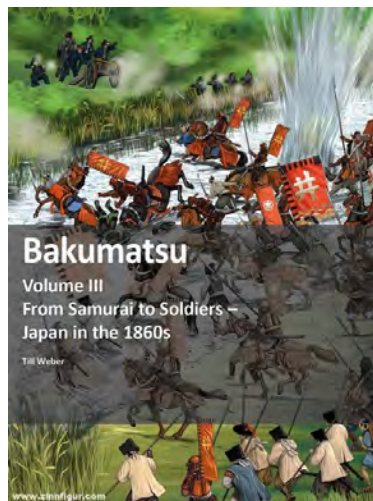
9781538178201

Paperback

190 pages

B&W THROUGHOUT

AUD\$: 79.99



**Bakumatsu:  
From Samurai to  
Soldiers - Japan in the  
1860s**

By *Till Weber*



From the early 17th century until the 1860s, Japan was ruled by samurai led by the Shoguns of the powerful Tokugawa dynasty. The long period of peace following almost incessant civil war had negative effects on the proficiency of these warriors.

**ZEUGHAUS VERLAG**

Category: HISTORY

Disc: TRADE INTERNATIONAL

270 X 200 mm

Release Date: September 2023

9783963600517

Paperback

NOT ILLUSTRATED

AUD\$: 87.99



**Bill Wyman's Chelsea**

By *Bill Wyman*



A comprehensive and affectionate look at the village of Chelsea, with over 400 photos, itineraries, maps, historical research, and stories by ex-Rolling Stone Bill Wyman. Alongside his photos, Bill began to research the area thoroughly.

**UNICORN PRESS**

Category: TRAVEL & HOLIDAY

Disc: TRADE INTERNATIONAL

230 X 160 mm

Release Date: September 2023

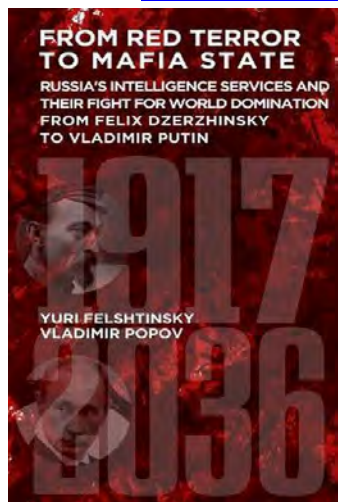
9781911397359

Paperback

224 pages

B&W THROUGHOUT

AUD\$: 41.99



### From Red Terror to Mafia State

By Y. Felshinsky



The history of Russia after 1917 is traditionally written as the rise of the Communist Party from Lenin to Stalin to Gorbachev. Is that still the correct approach? Based on a trove of new historical sources from inside the Russian secret services.

**GIBSON SQUARE**

Category: POLITICS/GOVERNMENT

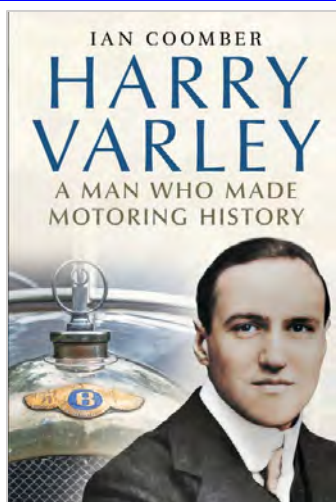
Disc: TRADE INTERNATIONAL

Release Date: September 2023

9781783342440

Paperback

AUD\$: 45.99



### Harry Varley

By Ian Coomber



A remarkable eighty-year adventure spanning the golden age of twentieth-century mechanical and motor-vehicle engineering. Born into an ecclesiastical family, Harry Varley had a burning ambition to be the best engineer he could.

**FONTHILL**

Category: INDUSTRY/IND STUDIES

Disc: TRADE INTERNATIONAL

234 X 156 mm

Release Date: September 2023

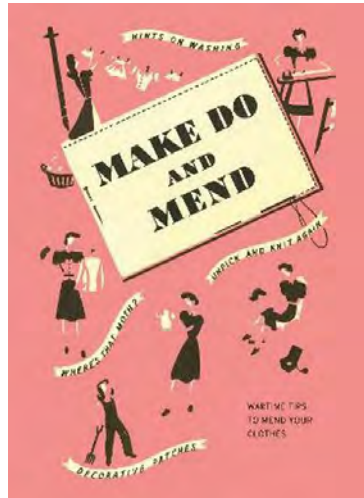
9781781559048

Hardback

192 pages

B&W THROUGHOUT

AUD\$: 74.99



### Make Do and Mend



A delightful reminder of the techniques for household economies extolled by the wartime government. First published in 1943, all the tips can be used to spruce up your wardrobe today.

**UNICORN PRESS**

Category: HISTORY

Disc: TRADE INTERNATIONAL

148 X 105 mm

Release Date: September 2023

9781912423699

Hardback

64 pages

AUD\$: 17.99



### Paid to Be Safe

By Margaret Morrison, Pamela Tulk-Hart



As the Second World War rages on for another year, the life that Susan Sandyman has lovingly created is shattered when Singapore falls to Japan. Forced to flee home to the hamlets of southern England.

**UNICORN PRESS**

Category: MODERN & CON FICTION

Disc: TRADE INTERNATIONAL

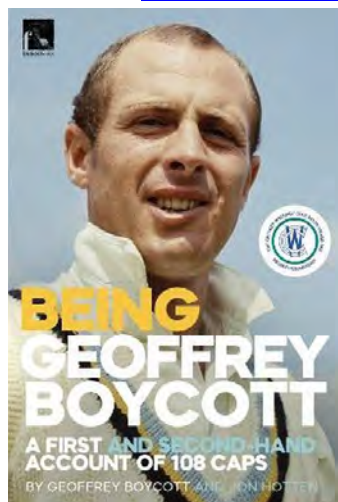
Release Date: September 2023

9781912423651

Paperback

AUD\$: 21.99





**Being Geoffrey Boycott**

*By Geoffrey Boycott, Jon Hotten*



Geoffrey Boycott has teamed up with award-winning author Jon Hotten to tell his story of his tumultuous time with the national side. Takes the reader inside Geoffrey's head and back through cricket history, presenting a unique portrait.

**FAIRFIELD BOOKS**

Category: SPORTS & OUTDOOR REC

Disc: TRADE INTERNATIONAL

234 X 156 mm

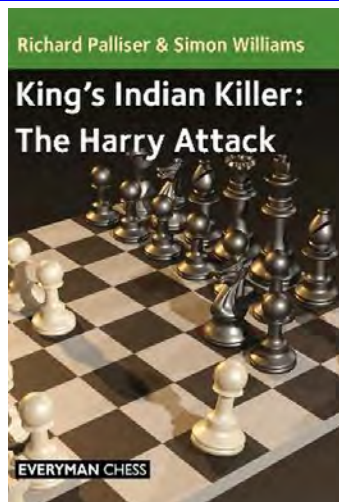
Release Date: September 2023

9781915237255

Paperback

B&W THROUGHOUT

AUD\$: 33.99



**King's Indian Killer: The Harry Attack**

*By Richard Palliser, Simon Williams*



A very important book that analyses a "new" opening that has only gained popularity in the past few years. Shows how to adapt when Black chooses a King's Indian set-up, a Grunfeld set-up, a Benoni set-up or even plays in Benko style.

**EVERYMAN CHESS**

Category: HOBBIES/QUIZZES/GAME

Disc: TRADE INTERNATIONAL

240 X 170 mm

Release Date: September 2023

9781781947067

Paperback

240 pages

AUD\$: 57.99



**Shoot to Share**

*By Margaret Brown*



Lenses is a fully revised and updated guide that shows you how to select the right camera lenses for different types of photography, including landscape, portraiture, sport, wildlife, and macro.

**MEDIA PUBLISHING PTY**

Category: PHOTOGRAPHY & PHOTOS

Disc: TRADE AUSTRALIAN

210 X 148 mm

Release Date: **May 2023**

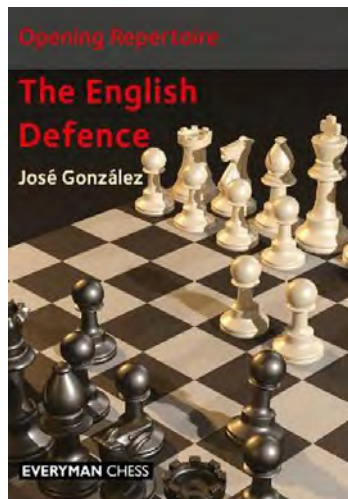
9781922156525

Paperback

80 pages

COLOUR THROUGHOUT

AUD\$: 19.99



**Opening Repertoire: The English Defence**

*By Jose Gonzalez*



An important book that analyses and discusses a complex and little-examined opening. Black aims to set White difficult problems to solve at the very earliest stage of the game. Black's play is provocative - aiming to lure White into a big pawn centre.

**EVERYMAN CHESS**

Category: HOBBIES/QUIZZES/GAME

Disc: TRADE INTERNATIONAL

240 X 170 mm

Release Date: September 2023

9781781947043

Paperback

320 pages

AUD\$: 59.99



## Cozy Coastal Knits

21 Easy-going Shawls, Sweaters, Ponchos and More

By *Rosann Fleischauer*

Channel the coastal vibe all year long! Whether you live by the sea, visit once a year, or only get as far as your local lake, if you love the vibe of carefree coastal living, this collection of knits is for you. From the knitting to the wearing, each of the 21 pieces is designed to relax and bring comfort. Enjoy your knitting in the company of friends around the firepit or with your toes in the sand. All designs are beginner to intermediate level, and you'll find just the right amount of complexity for interesting yet stress-free knitting. When it's time to wear your knits, you'll have a collection built for laid-back luxury: cosy shawls, sweaters, and ponchos perfect for throwing over a tank top when there's a cool breeze, a tank top for warm days, a skirt for casual dress-up, and warm hats, mitts, and cowls for chilly evenings.

**ROWMAN & LITTLEFIELD PUBLISHERS**  
HANDICRAFTS  
Disc: TRADE INTERNATIONAL  
Paperback  
254 X 203 mm  
COLOUR SECTION(S)  
Rel Date: September 2023  
**9780811772167**  
**AUD\$: 49.99**



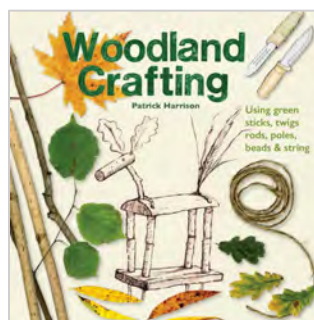
## The New Knitting Stitch Dictionary

500 Patterns for Textures, Lace, Aran Cables, Colorwork, Motifs, Edgings

By *Lydia Klos*

Inspiration at your fingertips! Within the pages of The New Knitting Stitch Dictionary you will find not only 500 innovative knitting stitch patterns, but dozens of ideas popping through your mind. Cables may inspire designs for sweaters or blankets, cosy textures for scarves, colorwork for hats, mittens, and more. You will turn to this book again and again for fresh ideas! The stitches are divided into sections by type of stitch to make it easy to find what you want: texture, lace, cables, Aran cables, flower and leaf patterns, bobbles, lifted stitches, Fair Isle, intarsia, borders, and more. Instructions for each stitch are charted so that you can easily visualize the pattern and use it in your own design. You will find this stitch dictionary to be an invaluable reference on your knitting bookshelf.

**ROWMAN & LITTLEFIELD PUBLISHERS**  
HANDICRAFTS  
Disc: TRADE INTERNATIONAL  
Paperback  
279 X 216 mm  
336 Pages  
COLOUR SECTION(S)  
Rel Date: September 2023  
**9780811771986**  
**AUD\$: 59.99**



## Woodland Crafting

Using green sticks, beading and string

By *Patrick Harrison*

Woodland Crafting guides the reader on making things with wood, in the woods with a series of beautiful hand-drawn illustrations. It provides the basic knowledge and skills to complete a range of both simple and more advanced craft projects, from functional structures to creative outdoor play forms. You'll learn to choose and work your wood effectively, use simple tools, tie knots, and develop your own designs to make masks and puppets, night torches and staffs, arrows, jewellery, ladders, shelters, chairs for stargazing and much more.

**HAWTHORN PRESS**  
HANDICRAFTS  
Disc: TRADE INTERNATIONAL  
Paperback  
208 X 198 mm  
96 Pages  
NOT ILLUSTRATED  
Rel Date: September 2023  
**9781912480838**  
**AUD\$: 44.99**





## Jack Davis The Maker of History

*By Gerry Turcotte*

Jack Davis: The Maker of History contains essays by several prominent Australians that offer new readings and different perspectives on the work of this poet, storyteller, playwright, politician, and humanitarian. Various aspects of Davis's work are discussed: his blending of Aboriginal oral culture and Western dramatic forms, his politicising of the dramatic space as a statement about place, history and Aboriginality, his use of storytelling on both a personal and political level to celebrate the voices of Aboriginal Australia and to encourage them to speak. Attention is also given to Davis's poetry, which, it is argued, has been unfairly neglected or dismissed. With an introduction by Gerry Turcotte, and a tribute to Davis by the late Oodgeroo Noonuccol, Jack Davis: The Maker of History is an important study of this inspirational writer.

**ETT IMPRINT**

LIT: HISTORY & CRIT  
Disc: TRADE AUSTRALIAN  
Paperback  
234 X 156 mm  
100 Pages  
B&W THROUGHOUT  
Rel Date: September 2023  
**9781923024342**  
**AUD\$: 19.95**



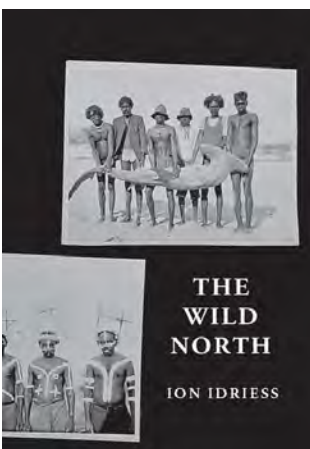
## More Australian Legendary Tales

*By Katie Langloh Parker, Tommy McRae*

The second publication of Australian Aboriginal myths and legends as collected in the field by Katie Langloh Parker in the 1890s, and first published in 1898. This book holds the first publication by an Aboriginal artist, Tommy McRae, whose drawings form part of the national collection. She moved to Bangate Station in NSW in 1879 and had a particular interest in the Aboriginal people. She gained their trust through her respect for their culture and traditions and began to record the stories of the Euahlayi [Ualarai] people of the Narran River region. As so many aspects of Aboriginal culture were threatened by European colonisation, her accounts are valuable evidence of the beliefs and myths of the Aboriginal people of North-West New South Wales at that time.

**ETT IMPRINT**

RELIGION & BELIEFS  
Disc: TRADE AUSTRALIAN  
Paperback  
234 X 154 mm  
130 Pages  
NOT ILLUSTRATED  
Rel Date: September 2023  
**9781923024236**  
**AUD\$: 24.95**



## The Wild North

*By Ion Idriess*

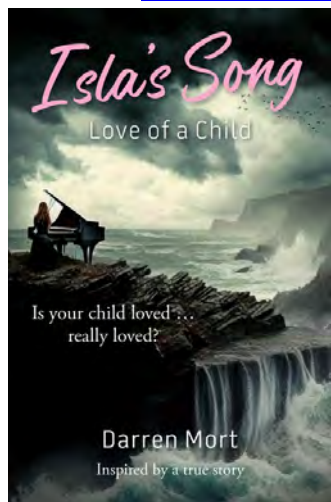
In these pages Ion Idriess has brought together stories gathered and lived in his happy battling years in the wild lands of Australia's Far North and the islands beyond. Stories of gold and pearls, of land and cattle, of the search for wealth in dangerous and lonely places. Stories of un-tamed men and women, white and brown and black, of primitive passions unleashed far beyond the curb of law and order, of bravery and hope and grim determination, of the strange powers of the mind, of human comedy and tragedy. Together they picture a life of colour and adventure that with the development of the continent is rapidly passing away

**ETT IMPRINT**

BIOGRAPHY: GENERAL  
Disc: TRADE AUSTRALIAN  
Paperback  
230 X 156 mm  
150 Pages  
B&W THROUGHOUT  
Rel Date: September 2023  
**9781923024304**  
**AUD\$: 24.95**







**Isla's Song**

*By Darren Mort*



9 781922 810793



**Pride without Prejudice**

*By Beverley Pinder*



9 781922 810762

Melbourne, Australia, it is 1955. A four-year old child, Isla, is seated at a piano. She digs out her scrunched sheet music from her school bag, flattens it out and places it before her. set in the heady folk music days of the 60s, is a story of choices, betrayal, love, stardom, eternal hopes and a child's love.

Pride without Prejudice is the inspirational autobiography of Beverley Pinder OAM, former Miss Universe Australia, glass ceiling breaking PR businesswoman and former long-serving City of Melbourne councillor.

**WILKINSON PUBLISHING**

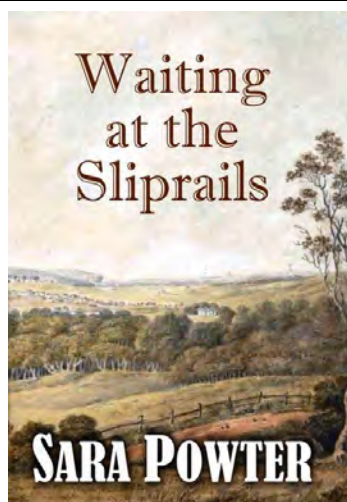
Category: ROMANCE  
Disc: TRADE AUSTRALIAN  
234 X 153 mm  
Release Date: September 2023  
**9781922810793**

Paperback  
320 pages  
NOT ILLUSTRATED  
**AUD\$: 29.99**

**WILKINSON PUBLISHING**

Category: BIOGRAPHY: GENERAL  
Disc: TRADE AUSTRALIAN  
234 X 153 mm  
Release Date: September 2023  
**9781922810762**

Paperback  
144 pages  
NOT ILLUSTRATED  
**AUD\$: 29.99**

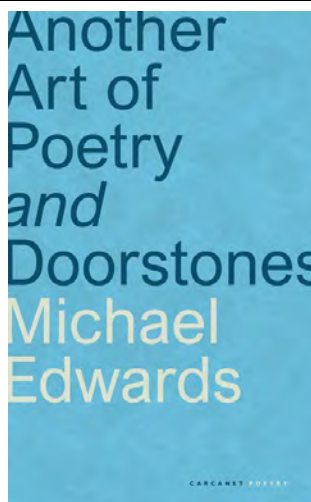


**Waiting at the Sliprails**

*By Sara Power*



9 780645 441543



**Another Art of Poetry and Doorstones**

*By Michael Edwards*



9 781800 173170

Bea nears the end of her convict term and life ahead is unknown. A drover named Jack Barnes arrives and offers to marry her. She accepts and they marry and move to his isolated farm. There life is tough as their home is a small bark hut.

Michael Edwards' new collection consists of 92 poems forming a single long poem that recounts the finding of another world in moments, often dramatic, sometimes every day, which become doorstones, thresholds.

**PACIFIC WANDERLAND**

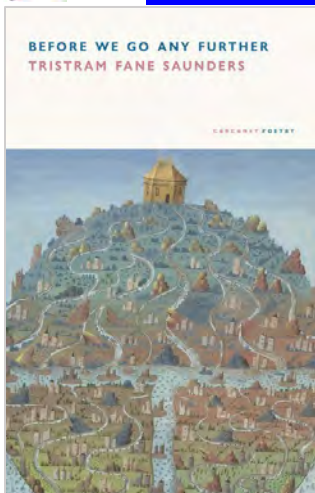
Category: HISTORICAL FICTION  
**Author is from NSW**  
Disc: TRADE AUSTRALIAN  
215 X 139 mm  
Release Date: September 2023  
**9780645441543**

Paperback  
191 pages  
NOT ILLUSTRATED  
**AUD\$: 29.99**

**CARCANET PRESS**

Category: POETRY  
Disc: TRADE INTERNATIONAL  
216 X 135 mm  
Release Date: September 2023  
**9781800173170**

Paperback  
80 pages  
**AUD\$: 33.99**



## Before We Go Any Further

*By Tristram Fane Saunders*

In *Before We Go Any Further*, Tristram Fane Saunders' first book, readers are introduced to a gifted new writer, a poet whose ingenious forms dazzle even as the poems' darker themes resonate. Drawing on a delicious, unconventional sense of rhyme and rhythm, the poems conjure a recognizably contemporary London as they map the ways we try to communicate with each other across real and imagined distances. Sphinxes and sea-creatures, sleepwalkers, and surrealists drift in and out of poems about art and friendship, poems which are "trying to tilt toward love", yet "can't help tugging/ at the invisibly thin/ line between true and honest" and discovering a wry humour in that struggle. And this extraordinary debut repeatedly finds resource and solace in a poem's ability to hear and set down the right word or phrase.

**CARCANET PRESS**

POETRY

Disc: TRADE INTERNATIONAL

Paperback

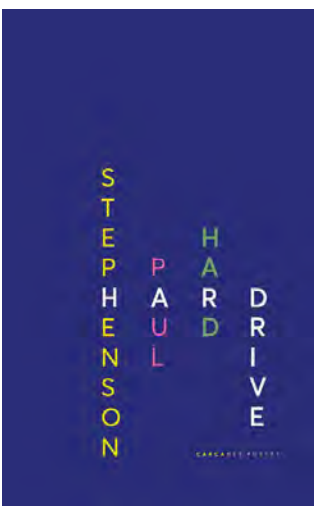
216 X 135 mm

64 Pages

Rel Date: September 2023

**9781800173255**

**AUD\$: 29.99**



## Hard Drive

*By Paul Stephenson*

When his partner suddenly died, life changed utterly for Paul Stephenson. *Hard Drive* is the outcome of his revisiting a world he thought he knew, but which had been upended. In poems that are affectionate, self-examining, sometimes funny, and often surprised by grief in the oddest corners, the poet takes us through rooms, routines, and rituals of bereavement, the memory of love, a shared life and separation. A noted formalist, with a flair for pattern and procedural writing, Stephenson has written a remarkable first book, moving and, despite everything, a hopeful record of a gay relationship. It is also a landmark elegy collection.

**CARCANET PRESS**

POETRY

Disc: TRADE INTERNATIONAL

Paperback

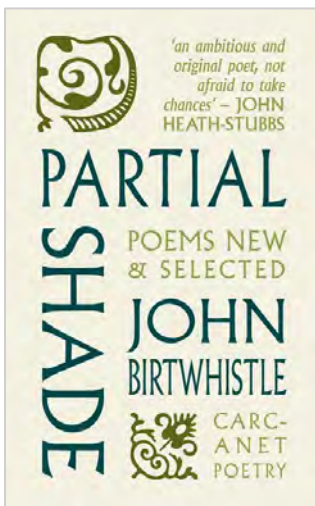
216 X 135 mm

96 Pages

Rel Date: September 2023

**9781800173279**

**AUD\$: 29.99**



## Partial Shade Poems New and Selected

*By John Birtwhistle*

John Birtwhistle was born in Scunthorpe in 1946. His poetry has been recognized by an Eric Gregory Award, an Arts Council bursary, Arts Council creative writing Fellowships, a Fellowship at the University of Southampton, and a Poetry Book Society Recommendation. He has had three concert libretti set and performed: David Blake's *The Plumber's Gift* was staged by English National Opera and broadcast on Radio 3. For twelve years, he was a Lecturer in English at the University of York, teaching mainly seventeenth century and Romantic poetry. For five years, he was a literary contributor and eventually an Associate Editor of the *British Medical Journal's* specialist quarterly *BMJ Supportive & Palliative Care*. Birtwhistle is married to a Consultant Anaesthetist and since 1992 he has lived in Sheffield with his family.

**CARCANET PRESS**

POETRY

Disc: TRADE INTERNATIONAL

Paperback

216 X 135 mm

144 Pages

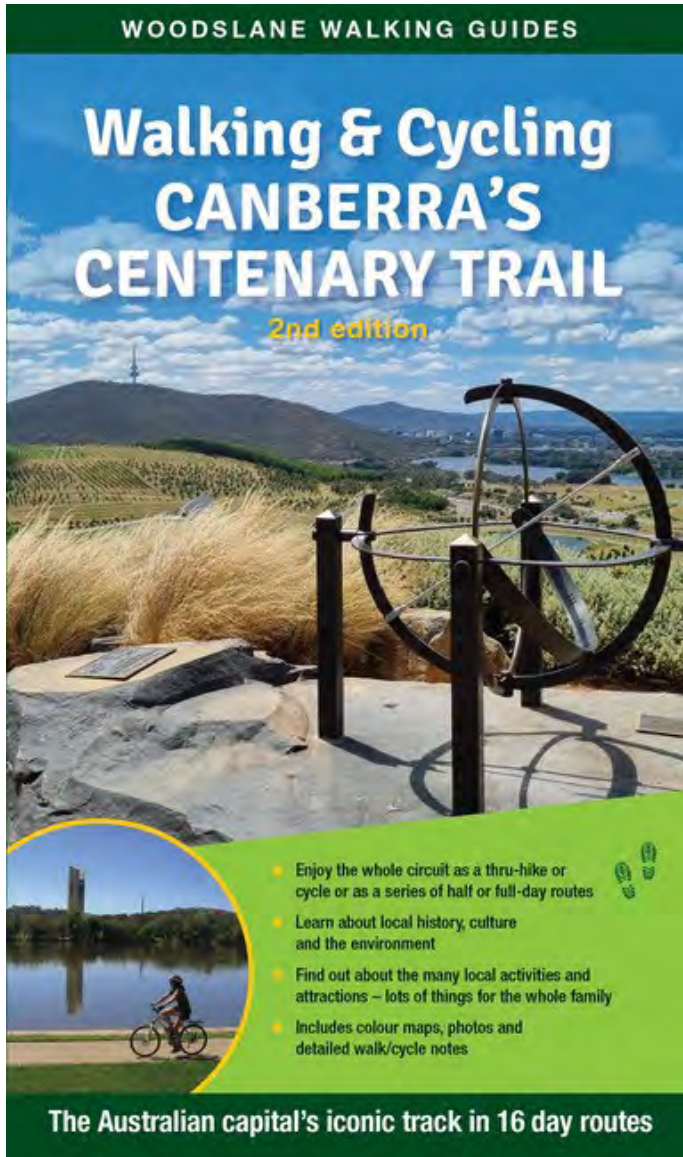
Rel Date: September 2023

**9781800173231**

**AUD\$: 33.99**







## Walking & Cycling Canberra's Centenary Trail 2/e

The Australian capital's iconic track in 16 day routes

By Tallis Didcott, Nina Hvoslef, Martin Fisk

### Key Sales Points:

- \* The only book available on the full route; includes day walk/cycle options.
- \* Covers all aspects of planning and detailed route note.
- \* The route has become very popular for day and multi-day walkers and cyclists.
- \* Press releases targeting regional print/radio media.
- \* Previous Edition ISBN: **9781922131911**

This guide, a staple in Woodslane's hugely successful walking guides series, introduces the best day walks and cycles for visitors and residents alike along Canberra's Centenary Trail, ranging from leisurely urban strolls to the more rugged tracks deep in the bush.

Detailed descriptions and maps help the reader explore the parks, bushland, lakes, rivers, and most interesting urban areas along the way. The book is richly illustrated with over 150 full-colour photographs and detailed maps for every section.

A summary table of routes indicating distances, facilities and highlights is included to help the reader find exactly the right route for the occasion.

The book covers the full circuit, so those wishing to tackle the whole thing in one adventurous trip, with overnight stops, will also find it invaluable.

### Author Bio:

Original authors Nina Hvoslef and Tallis Didcott are passionate about the outdoors and physical activity. They both work in outdoor education. Tallis lived in Canberra for most of his life, whilst Nina moved here from Norway in 2007, moving back in 2020. Canberran Martin Fisk, who has updated this edition, is an enthusiastic hiker who has done the full Centenary Trail several times.

### WOODSLANE PRESS

Category: TRAVEL & HOLIDAY

Author is from ACT

Colour Throughout

Disc: Trade Australian

220 X 130 mm

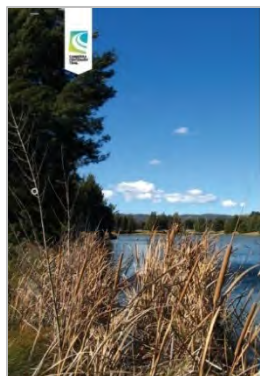
Release Date: September 2023

9781922800404

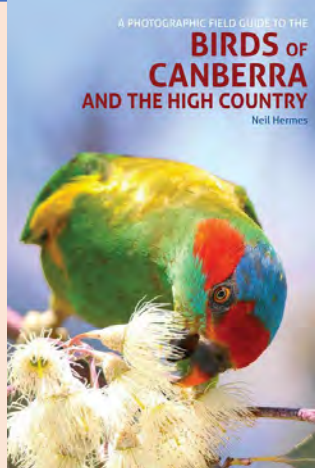
Paperback

Pages: 180

AUD\$: 32.99





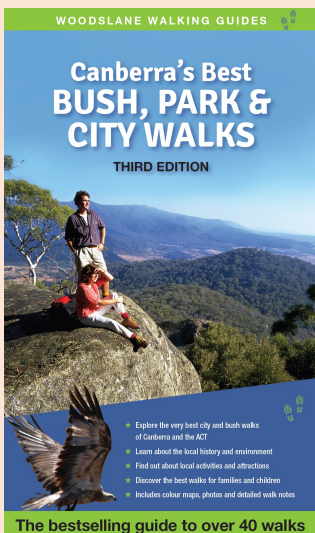


## A Photographic Field Guide to the Birds of Canberra and the High Country

By Neil Hermes

A Photographic Field Guide to the Birds of Canberra and the High Country is a fully comprehensive field guide to the 322 bird species found in the Australian High Country, and includes all common, rare and vagrant species. With photographs from the author and the region's other top-quality nature photographers, each species is illustrated with many variants. The guide is focused on field use to help beginners and experts identify species. Previously published as A Photographic Field Guide to the Birds of the Australian High Country (John Beaufoy Publishing, 2017). For each species the common and scientific names are listed as well as local variations. The main identifying features of each species are described, and key facts cover size, habits, habitat, breeding, distribution, voice, and status in the region. Distribution maps provide an at-a-glance view of where the birds can be found.

**JOHN BEAUFOY AUD**  
TRAVEL & HOLIDAY  
Disc: TRADE INTERNATIONAL  
Paperback  
229 X 152 mm  
336 Pages  
COLOUR THROUGHOUT  
Rel Date: **October 2021**  
**9781913679170**  
**AUD\$: 49.99**



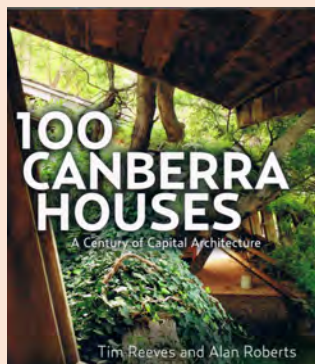
## Canberra's Best Bush, Park & City Walks 3/e

The bestselling guide to 40 fantastic walks

By Marion Stuart, Michael Nelmes

Canberra and the ACT boast a huge range of beautiful environments, making the region perfect for exploring on foot. This third edition of Canberra's Best Bush, Park & City Walks introduces over 40 of the best walks for visitors and residents alike, ranging from fascinating city walks and leisurely lake-side strolls to more rugged tracks deep in the bush. Completely updated, the book now includes some of the walks that previously appeared in Best Bush, Town and Village Walks Around the ACT. Detailed descriptions and maps help the reader explore the region's parks, bushland, lakes, rivers, and most interesting urban areas. The book is richly illustrated with over 150 full- colour photographs and dozens of detailed maps. A summary table of walks indicating distances, facilities and highlights is included to help the reader find exactly the right walk for the occasion.

**WOODSLANE PRESS**  
TRAVEL & HOLIDAY  
Disc: TRADE AUSTRALIAN  
Paperback  
220 X 130 mm  
242 Pages  
COLOUR THROUGHOUT  
Rel Date: **April 2019**  
**9781922131492**  
**AUD\$: 32.99**



## 100 Canberra Houses

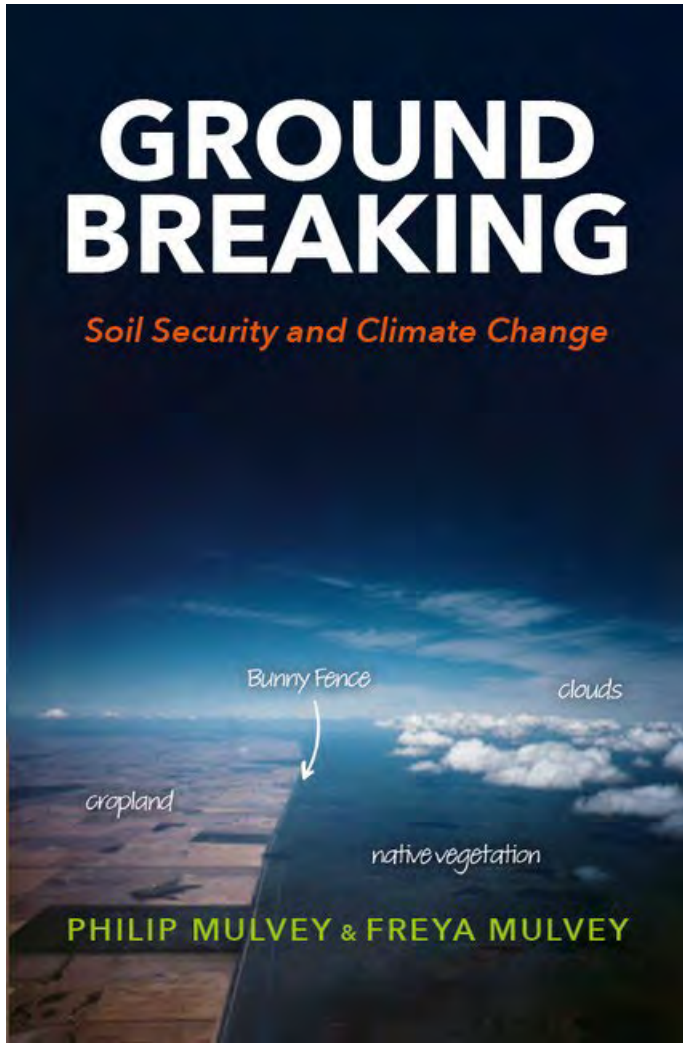
A Century of Capital Architecture

By Tim Reeves, Alan Roberts

The first paperback edition of a book which has been popular all over Australia. Tim Reeves and Alan Roberts have carefully selected a diverse array of private and public dwellings from the first 100 years of Canberra. They reveal the social history and context of each home, and the innovation and foresight of both owners and designers. From the spartan cottages of the first workmen in the capital to the sleek energy efficient homes of the new millennium, every home has a story. Vibrant colour drawings, photos and plans illuminate this well researched and easy to digest book.

**HALSTEAD PRESS**  
ARCHITECTURE  
Disc: TRADE AUSTRALIAN  
Paperback  
235 X 215 mm  
224 Pages  
COLOUR THROUGHOUT  
Rel Date: **November 2022**  
**9781925043631**  
**AUD\$: 44.95**





## Ground Breaking

By Philip Mulvey, Freya Mulvey

### Key Sales Points:

- \* How to manage land use.
- \* How to sequester carbon in soil.
- \* How to reduce bare ground.
- \* How to increase bush corridors.

### Publicity:

- \* Brisbane writers' festival panel May 23.
- \* Philip Mulvey attends soil-and-agriculture conferences

Practical solutions for agricultural management, enabling the restoration of landscape, climate, and community.

Zero carbon emissions alone won't stop global warming. Agricultural land use is turning the world's breadbaskets into deserts.

But the depleted soil that feeds us all today might yet save our civilisation.

In Western Australia, the rabbit-proof fence presents the world's largest study of contrasting land management within the same vast region.

The 'Bunny Fence Experiment' is strong evidence that clearing and cropping is a major reason rainfall dropped by 20% in the Wheat Belt between 1976 and 2002 and continues to drop.

Ground Breaking explains how modern farming methods deplete the soil and influence our climate: exporting heat waves, dust, and fire south-eastward in Eastern Australia and north-westward in Western America.

It presents solutions too: managing land use to reduce bare ground, restore the small water cycle and sequester carbon in the soil.

### KERR PUBLISHING

Category: THE ENVIRONMENT

Author is from VIC

Not Illustrated

Disc: Trade Australian

230 X 154 mm

Release Date: September 2023

9781875703562

Paperback

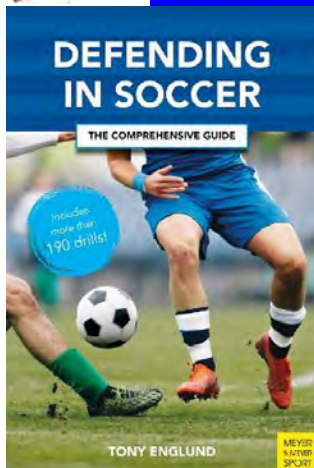
260 pages

AUD\$: 34.95



### Author Bio:

Phillip Mulvey ex-president Vic branch Soil Science Australia and federal board member. Freya Mulvey is a commercial and environment lawyer.

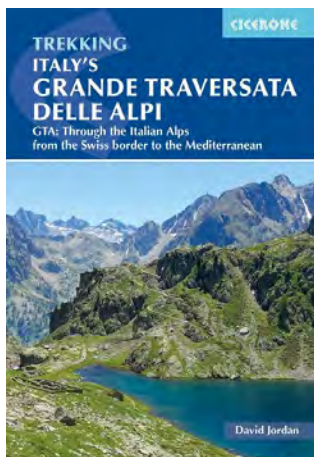


**Defending in Soccer**  
The Comprehensive Guide

By *Tony Englund*

The 1990 World Cup in Italy was infamous for generating the lowest-ever goals per game average. Since then, tactical thought has focused heavily and consistently on flexible attacking designed to break down and defeat defending in depth. This book argues that the next tactical revolution belongs to the defending side of the ball, and it features complex, layered defending, blending postures and pressures designed to keep an attacking team off balance throughout the match. There are many quality coaches in the game at every level who feel that defending is more about mentality than tactics, that defending topics do not need to be part of every training session. This book seeks to re-establish balance in tactical planning and in training design by examining every aspect of individual and team defending, making it easy for the coach to incorporate tackling, defending roles, pressing, defending set-pieces, and many more topics.

**MEYER AND MEYER**  
SPORTS & OUTDOOR REC  
Disc: TRADE INTERNATIONAL  
Paperback  
229 X 152 mm  
192 Pages  
Rel Date: September 2023  
**9781782552352**  
**AUD\$: 29.99**

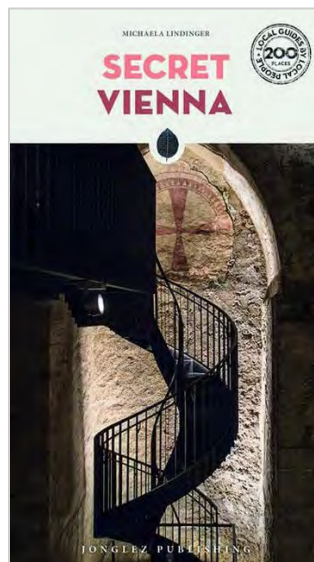


**Italy's Grande Traversata delle Alpi 2/e**  
GTA: Through the Italian Alps from the border to the coast

By *David Jordan*

A guidebook to the 798km Grande Traversata Delle Alpi trek through the western Italian Alps traversing the Lepontine, Pennine, Graian, Cottian, and Maritime Alps to finish near Monte Rosa. The guide splits the route into 3 sections with 55-day stages. A good level of fitness is required to tackle the route as it contains nearly 60,000m of ascent.

**CICERONE**  
TRAVEL & HOLIDAY  
Disc: TRADE INTERNATIONAL  
Paperback  
172 X 116 mm  
304 Pages  
Rel Date: September 2023  
**9781786310408**  
**AUD\$: 45.99**



**Secret Vienna**

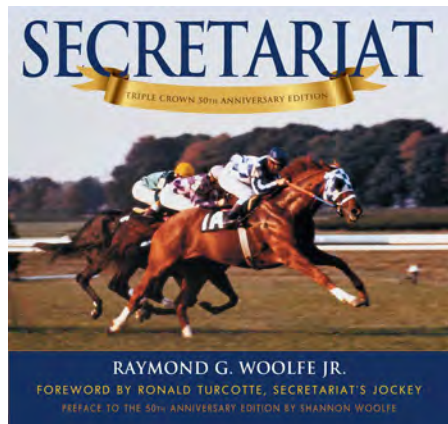
By *Michaela Lindinger*

A magnificent private palace that can be visited by reservation, a crocodile mummy in a private library, a chocolate house, an alchemical ceiling in Schoenbrunn, one of the most beautiful pharmacies in the world, an exceptional Art Nouveau church, the tomb of a fish that would have converted to Judaism, a jazz museum in public toilets, a public dump that can be visited like a museum, the oldest organ in Vienna hidden behind a painting, an empress dressed as a nun, the mystery of the symbol 05, a masculine sex discreetly sculpted on the cathedral of Vienna, a surprising private museum of billiards, an incredible bouquet where each flower actually consists of several butterfly wings, a source of water that allows to see the lotto figures for a minute, an extraordinary underground annex of the Mauthausen camp where the world's first jet was built, a "love hotel" historic of great charm.

**JONGLEZ**  
TRAVEL & HOLIDAY  
Disc: TRADE INTERNATIONAL  
Paperback  
190 X 110 mm  
480 Pages  
COLOUR THROUGHOUT  
Rel Date: September 2023  
**9782361956165**  
**AUD\$: 41.99**







**Secretariat**

*By Ronald Turcotte,  
Shannon Woolfe*



Accompanied by stunning photographs, here is the behind-the-scenes story of Secretariat: Horse of the Century. A coin toss determined ownership of the yet unborn foal that was to become the first Triple Crown winner in twenty-five years.

**ROWMAN & LITTLEFIELD PUBLISHERS**

Category: SPORTS & OUTDOOR REC  
Disc: TRADE INTERNATIONAL  
254 X 267 mm  
Release Date: September 2023  
**9781493077489**

Hardback  
220 pages  
COLOUR SECTION(S)  
**AUD\$: 99.99**



**Swim Fast**

*By Blythe Lucero*



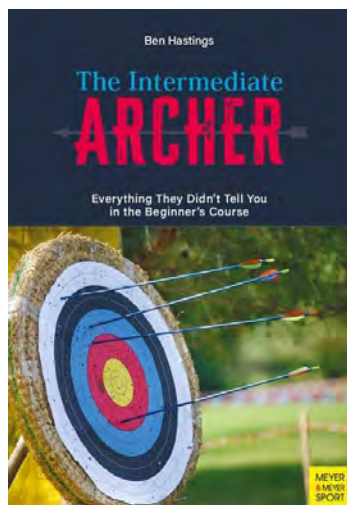
This book contains 100 workouts that focus on improving general swimming efficiency. The workouts are specific to each of the competitive swimming strokes: freestyle, backstroke, breaststroke, and butterfly.

**MEYER AND MEYER**

Category: SPORTS & OUTDOOR REC  
Disc: TRADE INTERNATIONAL  
241 X 165 mm  
Release Date: September 2023  
**9781782552604**

Paperback

**AUD\$: 31.99**



**The Intermediate Archer**

*By Ben Hastings*



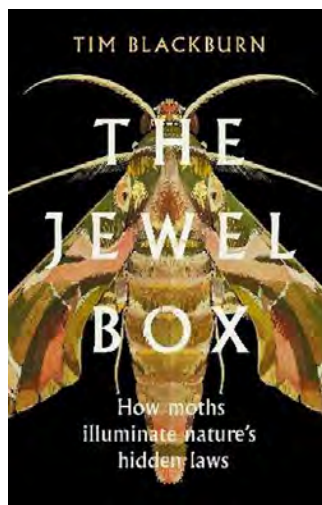
This book is intended for those archers who have taken their first steps by completing a beginner's course and are wondering where to go next. It is the answer to all of the intermediate archers' questions, such as how to improve their technique,

**MEYER AND MEYER**

Category: SPORTS & OUTDOOR REC  
Disc: TRADE INTERNATIONAL  
215 X 139 mm  
Release Date: September 2023  
**9781782552574**

Paperback

**AUD\$: 35.99**



**The Jewel Box**

*By Tim Blackburn*



An ecologist reveals the interconnectedness of the natural world through the overlooked lives of moths. Blackburn introduces these mysterious visitors, revealing how the moths he catches reflect hidden patterns governing the world.

**ISLAND PRESS**

Category: THE ENVIRONMENT  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: September 2023  
**9781642832730**

Hardback  
272 pages

**AUD\$: 59.99**



**Chicken Soup for the Soul:  
Well That Was Funny**

*By Amy Newmark*

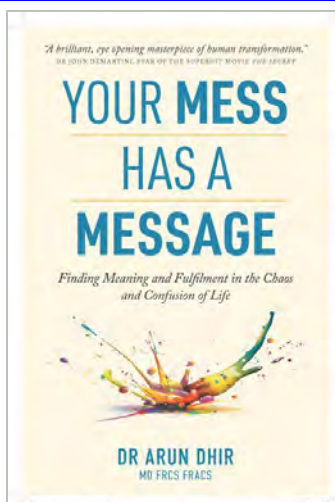


Prepare for storytelling at its funniest! You'll be laughing out loud at these feel-good stories that are sure to bring some sunshine into your life!

**CHICKEN SOUP SOUL**

Category: HUMOUR  
Disc: TRADE INTERNATIONAL  
216 X 140 mm  
Release Date: September 2023  
**9781611591019**

Paperback  
368 pages  
**AUD\$: 35.99**



**Your Mess has a Message**

*By Dr Arun Dhir*

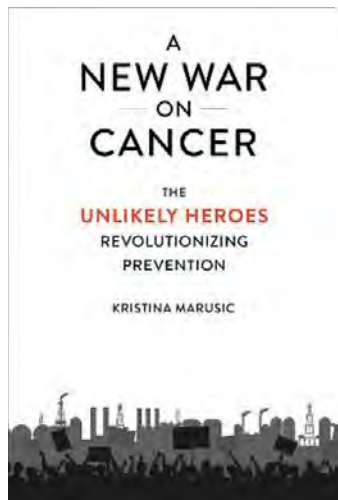


Research into human evolution indicates that we will face all some form of adversity in our lives. Estimates are that an average individual is likely to face up to three significant adverse events relating to health, relationship or more.

**WILKINSON PUBLISHING**

Category: SELF-HELP/PRACTICAL  
**Author is from VIC**  
Disc: TRADE AUSTRALIAN  
234 X 153 mm  
Release Date: **April 2023**  
**9781922810823**

Paperback  
192 pages  
NOT ILLUSTRATED  
**AUD\$: 29.99**



**A New War on Cancer**

*By Kristina Marusic, Philip J Landrigan*

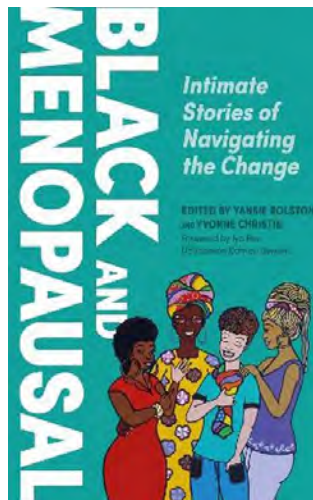


A revelatory inquiry into cancer prevention, illuminating the environmental causes of a deadly disease. Marusic shows that, collectively, we have the power to prevent many cases like Berry's. The war on cancer is winnable - if we revolutionise the way we fight.

**ISLAND PRESS**

Category: SOCIETY CULTURE: GEN  
Disc: TRADE INTERNATIONAL  
229 X 152 mm  
Release Date: September 2023  
**9781642832198**

Hardback  
216 pages  
**AUD\$: 55.99**



**Black and Menopausal**

*By Yansie Rolston, Yvonne Christie*



This is an intimate, empowering collection of stories focussing on Black experiences of menopause. Each story centres lived experiences and contains contributions from a diverse range of people spanning various heritages.

**JESSICA KINGSLEY PUBLISHERS**

Category: FAMILY & HEALTH  
Disc: TRADE INTERNATIONAL  
216 X 138 mm  
Release Date: September 2023  
**9781839973796**

Paperback  
208 pages  
**AUD\$: 38.99**



### Brains

*By Leif Østergaard*

A short but engaging exploration of the brain. In Brains, scientist Leif Østergaard explores our most complicated and mysterious organ. From the dissection of Einstein's brain to research on how to map networks of neurons, Østergaard deconstructs the different parts of the brain and provides an engaging overview of its essential functions. He explains how we store information in the synapses of neural networks and how these networks carry commands to our muscles and internal organs and receive sensory input from our skin, eyes, ears, nose, and mouth. Delving into the subconscious, we learn what our brains are doing while we sleep and how neurotransmitters play a role in addiction. In this fascinating book, Østergaard reveals how this enigmatic organ is even more complex than we thought it was.

**JOHNS HOPKINS UNIVERSITY PRESS**  
BIOLOGY, LIFE SCIENC  
Disc: TRADE INTERNATIONAL  
Paperback  
180 X 112 mm  
60 Pages  
Rel Date: September 2023  
**9781421446042**  
**AUD\$: 22.99**

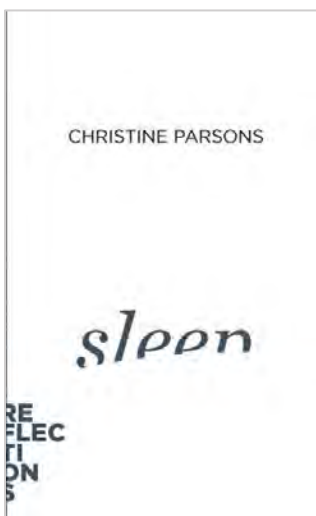


### Calm

*By Iben Have*

A short but engaging look at how to cultivate a sense of calm in our busy world. In Calm, sound and media researcher Iben Have explores how to cultivate a feeling of calm using digital technologies, routines, and mindfulness training, and our own bodies and minds. Professor Have delves into the science behind human perception and sensory experience to discover that our perceptual experiences are not based on culture alone, but are rooted in a deeper, shared human phenomenon. While creativity generally requires calm, our need for peace and quiet varies greatly. Some people need lots of stimulus, whereas others feel most alert in tranquil environments. By determining the right stimulation zone, Professor Have outlines how we can perform and feel our best, existing mindfully and in the present.

**JOHNS HOPKINS UNIVERSITY PRESS**  
SCIENCE: GEN ISSUES  
Disc: TRADE INTERNATIONAL  
Paperback  
180 X 112 mm  
60 Pages  
Rel Date: September 2023  
**9781421446066**  
**AUD\$: 22.99**



### Sleep

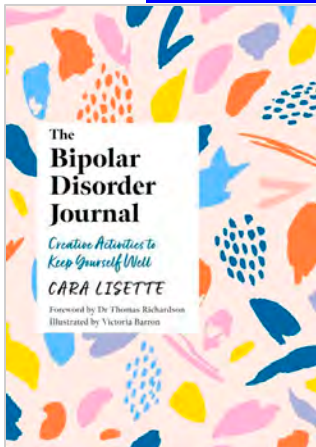
*By Christine Parsons*

A short but engaging analysis of why we sleep and how to improve our sleep hygiene. In Sleep, psychologist Christine Parsons lays out the benefits of sleeping for our bodies, minds, and societies. The negative effects of chronic sleep deprivation include correlations with Alzheimer's disease, relationship problems, and car crashes. To combat sleep deprivation, Parsons studies the effects of melatonin and caffeine and the importance of light and the circadian rhythm on the quality of our sleep. She provides helpful tricks, training, and therapy to overcome the most common obstacles to better sleep hygiene. Exploring different sleep styles and choices, Parsons assesses which one's work and which ones don't-helping lead us to a better night's rest. In Reflections, a series published with Denmark's Aarhus University Press, scholars deliver 60-page reflections on key concepts.

**JOHNS HOPKINS UNIVERSITY PRESS**  
FAMILY & HEALTH  
Disc: TRADE INTERNATIONAL  
Paperback  
180 X 112 mm  
60 Pages  
Rel Date: September 2023  
**9781421446080**  
**AUD\$: 22.99**







**The Bipolar Disorder Journal**  
Creative Activities to Keep Yourself Well

*By Cara Lisette, Victoria Barron*

The Bipolar Disorder Journal is designed to help you better understand and manage your bipolar disorder. Drawing on evidence-based techniques, such as CBT and mindfulness, and on the author's own experience of bipolar, it provides journaling prompts, creative activities, colouring pages, and motivational quote pages to help you stay well and keep on track. The techniques in this journal support you in recognising and coping with episodes of depression, mania, and psychosis, understanding their triggers, and finding ways of seeking support. Created by Cara Lisette, author of The Eating Disorder Recovery Journal, this journal is intended for those who want to learn more about themselves and live a full and happy life.

**JESSICA KINGSLEY PUBLISHERS**  
FAMILY & HEALTH  
Disc: TRADE INTERNATIONAL  
Paperback  
246 X 173 mm  
128 Pages  
B&W THROUGHOUT  
Rel Date: September 2023  
**9781839977817**  
**AUD\$: 38.99**

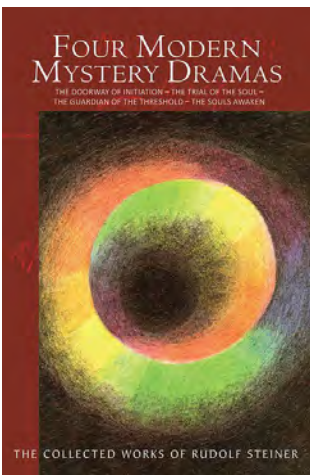


**Collected Articles, 1922-1938**  
Including Posthumous Publications

*By Hermann Beckh, Maren & Alan Stott*

This newly edited collection of 72 essays provides a unique overview of Hermann Beckh's notable - and largely overlooked - writing career. Whether in the realm of theology, philosophy, the arts, astrology or esoterica, the articles gathered here, mostly previously unpublished in English, are rare signposts to a Christian initiation grounded in the Rosicrucian tradition and the path of St John's Gospel. Presented in chronological sequence over a 16-year period - from 1922 to 1938 - and supplemented with biographical notes and introductory material by Neil Franklin and Alan Stott, this volume provides firm ground for a fuller appreciation of Beckh's prolific output.

**RUDOLF STEINER PRESS**  
RELIGION & BELIEFS  
Disc: TRADE INTERNATIONAL  
Paperback  
234 X 156 mm  
656 Pages  
COLOUR SECTION(S)  
Rel Date: September 2023  
**9781915776020**  
**AUD\$: 96.99**



**Four Modern Mystery Dramas**  
The Doorway of Initiation

*By Rudolf Steiner, R. Ramsbotham*

The Doorway of Initiation – The Trial of the Soul – The Guardian of the Threshold – The Souls Awaken. Rudolf Steiner's four modern mystery dramas are powerful portrayals of the complex laws of reincarnation and karma, transporting us to landscapes of soul and spirit where supra-sensory beings are visible, active, and influential. Through perception of these hidden worlds, we are given tools to comprehend the background to the struggles we face in everyday life – both in human relationships and in our attempts to practise spiritual development. Written between the years 1910 and 1913, during periods of intense inner and outer work, the dramas are powerful testimonies to Steiner's artistic creativity. By manifesting soul and spirit forms on stage, they foreshadow a dramatic art of the future.

**RUDOLF STEINER PRESS**  
RELIGION & BELIEFS  
Disc: TRADE INTERNATIONAL  
Paperback  
235 X 155 mm  
570 Pages  
Rel Date: September 2023  
**9781855846586**  
**AUD\$: 79.99**





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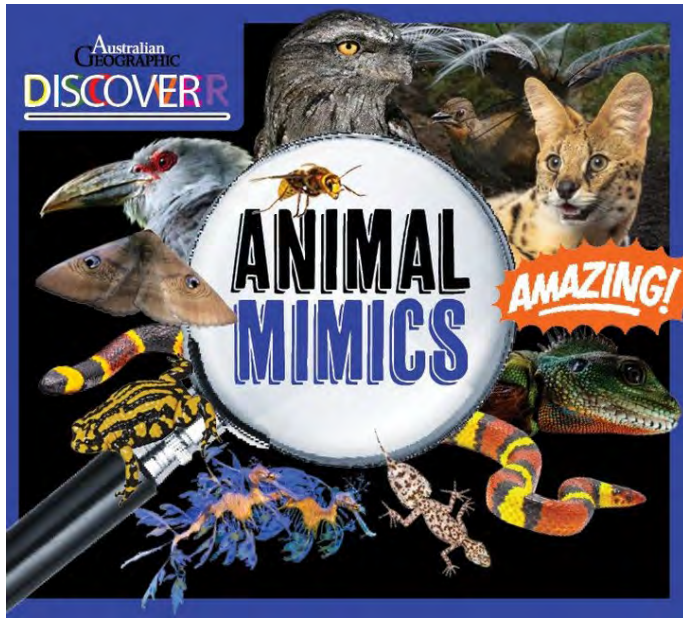


# *Kids & Parenting*

**NEW RELEASE TITLES**



**OVER THE PAGE**



## Australian Geographic Discover: Animal Mimics

By Australian Geographic

### Key Sales Points:

- \* A continuation of Australian Geographics Discover series for young readers.
- \* A detailed look into a lesser-known part of animal behaviour.
- \* An engaging and interesting way to learn that animals are actors too and the various ways in which they perform.
- \* Written by expert, Dr Tim Jackson, from the University of Melbourne.

From the vocal 'copycat' antics of lyrebirds to ant-mimicking spiders, find out all about Australia's trickiest creatures and cleverest 'actors' in this engaging junior non-fiction title.

### AUSTRALIAN GEOGRAPHIC

Colour Throughout

Disc: Trade Australian

240 X 215 mm

Release Date: September 2023

9781922388926

Paperback

32 pages

AUD\$: 14.99



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**Australian Geographic Discover: Glowing Animals**

*By Australian Geographic*

**Key Sales Points:**

- \* A continuation of Australian Geographics Discover series for young readers.
- \* Beautiful pictures with amazing animals on a fascinating topic.
- \* An illuminating look at how animals brighten up their lives, and ours!
- \* Written by expert, Dr Tim Jackson, from the University of Melbourne.

Find out how the natural world gets a 'glow up' with this fascinating foray into the world of bioluminescence, phosphorescence and fluorescence.

Let Australian Geographic lead you into glow worm caves and even down to the ocean depths to explore animals that glow in the dark.

**AUSTRALIAN GEOGRAPHIC**

Category: YOUNG ADT GEN NON-FN

Disc: TRADE AUSTRALIAN

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Release Date: September 2023

9781922388933

Paperback

32 pages

COLOUR THROUGHOUT

AUD\$: 14.99



**Australian Geographic Discover: Venomous Animals**

*By Australian Geographic*

**Key Sales Points:**

- \* A continuation of Australian Geographics Discover series for young readers.
- \* Learn that animals aren't that big and bad in this enlightening title.
- \* Be smart and look out about during your next adventure.
- \* Written by top venom expert, Dr Tim Jackson, from the University of Melbourne.

Australia has more venomous creatures than any other continent in the world, but that doesn't mean you have to be alarmed - especially when you're educated!

It won't hurt a bit to learn about Australia's elapid snakes, stinging sea jellies, blue-ringed octopus and even an amazing venomous mammal, in this totally absorbing title for kids.

**AUSTRALIAN GEOGRAPHIC**

Category: YOUNG ADT GEN NON-FN

Disc: TRADE AUSTRALIAN

240 X 215 mm

Release Date: September 2023

9781922388940

Paperback

32 pages

COLOUR THROUGHOUT

AUD\$: 14.99

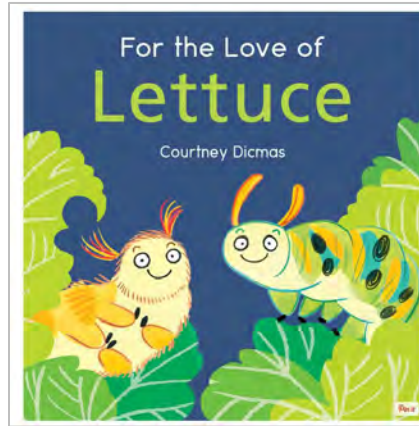






**Cat's Seasons**

*By Airlie Anderson*



**For the Love of Lettuce**

*By Courtney Dicmas*



Follow Cat and her kittens as they experience the different seasons, absorbing all that they bring. A charming, deceptively simple story about making the most of the world around us and giving something back in return.

**HARDBACK VERSION – 9781786286246 - \$26.95**



Two caterpillars approach life in very different ways. Zip likes to plan, but doesn't like change, while Parsley is happy to live in the moment. How will they cope in the face of sudden and unexpected change?

**HARDBACK VERSION - 9781786284761 - \$26.95**

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Category: PICTURE BOOKS

Disc: TRADE AUSTRALIAN

285 X 220 mm

Release Date: September 2023

**9781786286239**

Paperback

32 pages

COLOUR THROUGHOUT

**AUD\$: 14.95**

**CHILD'S PLAY**

Category: PICTURE BOOKS

Disc: TRADE AUSTRALIAN

250 X 250 mm

Release Date: September 2023

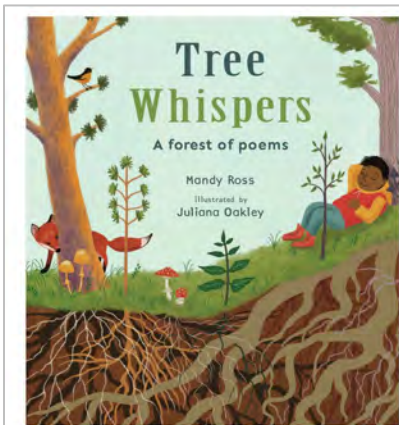
**9781786284754**

Paperback

32 pages

COLOUR THROUGHOUT

**AUD\$: 14.95**



**Tree Whispers**

*By Mandy Ross, Juliana Oakley*



**Being Down and Getting Up**

*By Richard Siegersma*



"Our leaves rustle, Our roots whisper. If you were a tree, what would you whisper to me?" Mandy Ross has been listening closely to the trees, from the willow to the eucalyptus, and the sycamore to the oak.

**HARDBACK VERSION – 9781786286833 - \$26.95**



If you can teach a child how to add and subtract, there is no reason they can't also be taught the benefits of wellbeing. Being Down and Getting Up is a book designed to inspire children to look beyond themselves.

**WILKINSON PUBLISHING**

Category: PICTURE BOOKS, ELM

**Author is from VIC**

Disc: TRADE AUSTRALIAN

234 X 153 mm

Release Date: September 2023

**9781922810977**

Paperback

32 pages

COLOUR THROUGHOUT

**AUD\$: 14.99**

**CHILD'S PLAY**

Category: PICTURE BOOKS

Disc: TRADE AUSTRALIAN

268 X 245 mm

Release Date: September 2023

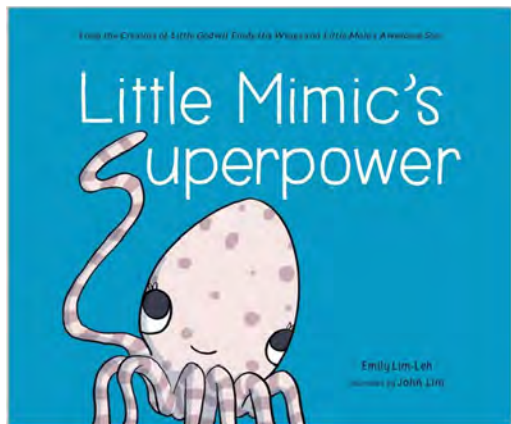
**9781786286826**

Paperback

36 pages

COLOUR THROUGHOUT

**AUD\$: 14.95**



**Little Mimic's Superpower**

*By Emily Lim-Leh, John Lim*

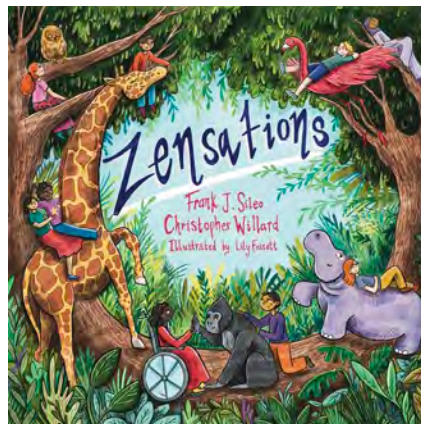


Little Mimic has some inkling that he has a superpower, except he doesn't understand it. The young octopus uses his special abilities to blend in with different sea creatures, but none of these encounters satisfies his questions.

**MARSHALL CAVENDISH**

Category: PICTURE BOOKS  
Disc: TRADE INTERNATIONAL  
255 X 210 mm  
Release Date: September 2023  
**9789815113846**

Paperback  
32 pages  
COLOUR THROUGHOUT  
**AUD\$: 19.99**



**Zensations**

*By Frank J. Sileo, Chris Willard*

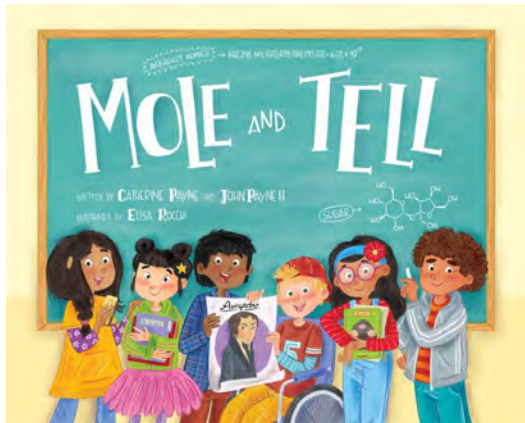


This is a fun, colourful and melodic introduction to the mindful practice of body scanning written for children. The gentle rhyming text helps children become aware of their bodily sensations and helps them understand how their Zensations.

**JESSICA KINGSLEY PUBLISHERS**

Category: PICTURE BOOKS  
Disc: TRADE INTERNATIONAL  
246 X 243 mm  
Release Date: September 2023  
**9781839976797**

Hardback  
40 pages  
COLOUR SECTION(S)  
**AUD\$: 36.99**



**Mole and Tell**

*By Catherine Payne, John Payne*

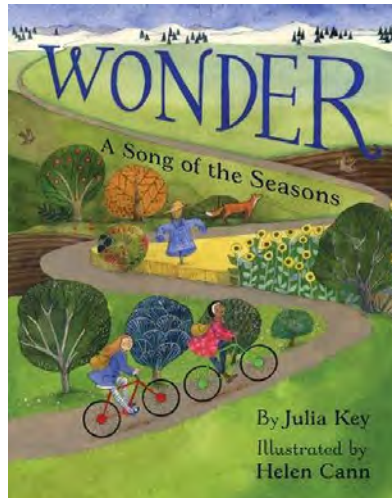


Count like a scientist! Mole and Tell introduces kids to the mole, a big number that measures little things, also known as Avogadro's number. Join Mr. Cantello's class for their special Show and Tell.

**SCIENCE, NATURALLY!**

Category: PICTURE BOOKS  
Disc: TRADE INTERNATIONAL  
203 X 254 mm  
Release Date: September 2023  
**9781958629116**

Hardback  
40 pages  
**AUD\$: 29.99**



**Wonder**

*By Julia Key, Helen Cann*



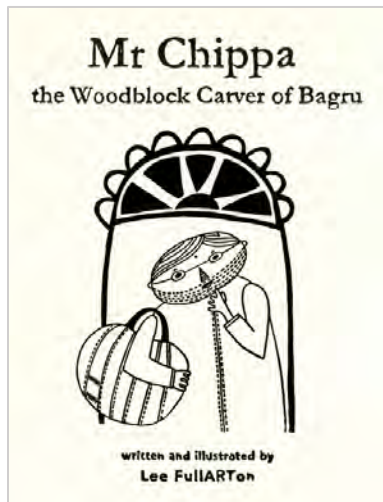
Wonder is a beautifully illustrated rhyming picture book that aims to heighten awareness of and interest in the natural world. The reader is invited to follow and share in the adventure of two young girls who cycle together.

**WORLD WISDOM**

Category: FICTION  
Disc: TRADE INTERNATIONAL  
32 pages  
Release Date: September 2023  
**9781937786069**

Hardback  
COLOUR SECTION(S)  
**AUD\$: 38.99**





### Mr Chippa, the Woodblock Carver of Bagru

By Lee FullARTon



Mr Chippa is one of India’s artisan woodblock carvers. He makes beautiful, intricate designs in blocks of wood. One day, a friend asks him to make an extra special design ... how will Mr Chippa do it?

**LITTLE STEPS**

Category: PICTURE BOOKS  
Disc: TRADE AUSTRALIAN  
280 X 210 mm  
Release Date: **May 2023**  
**9781922833501**

Hback  
36 pages  
COLOUR THROUGHOUT  
**AUD\$: 29.99**



### Sometimes Shy

By Julie Bliven, Dang Khoa Tran



A quiet, sensitive boy notice all the different objects that are shy too - a seedling slow to sprout, a marker timid to let its color out. But no one accuses objects of being shy.

**1517 MEDIA**

Category: PICTURE BOOKS  
Disc: TRADE INTERNATIONAL  
260 X 222 mm  
Release Date: September 2023  
**9781506485935**

Hback  
32 pages  
COLOUR SECTION(S)  
**AUD\$: 39.99**



### Spheres All Year

By Elizabeth Everett, Anuki Lopez

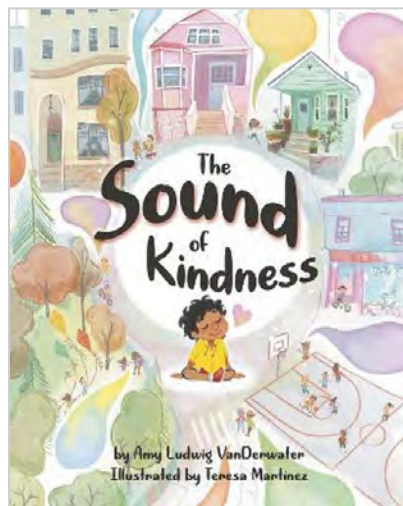


Winter, spring, summer, and fall... discover the spheres that surround us all! Kids quickly learn to recognize circles, squares, and triangles. But what about the shapes we can hold in our hands, stack, or roll across the floor?

**SCIENCE, NATURALLY!**

Category: PICTURE BOOKS  
Disc: TRADE INTERNATIONAL  
203 X 203 mm  
Release Date: September 2023  
**9781958629215**

Paperback  
32 pages  
**AUD\$: 26.99**



### The Sound of Kindness

By Amy Ludwig VanDerwater, Teresa Martinez



A heart-warming book that touches on the themes of kindness and socio-emotional resonance, and the idea that our words matter. Follow a parent and child as they explore their neighbourhood, listening for the sounds of kindness.

**MAGINATION PRESS**

Category: FICTION  
Disc: TRADE INTERNATIONAL  
254 X 203 mm  
Release Date: September 2023  
**9781433841491**

Hback  
32 pages  
**AUD\$: 40.99**





### A Dive into the Blue

By Ellie Huynh, Bao Luu



As a small girl stands at the edge of a diving board, she fears the drain at the bottom of the pool will swallow her up. Determined to learn how to dive, she musters up her courage by imagining other possibilities of what she might find.

1517 MEDIA

Category: FICTION  
Disc: TRADE INTERNATIONAL  
260 X 222 mm  
Release Date: September 2023  
9781506486345

Hardback  
32 pages  
COLOUR SECTION(S)  
AUD\$: 39.99



### An Artificial Test

By David Cole, Shannon O'Toole

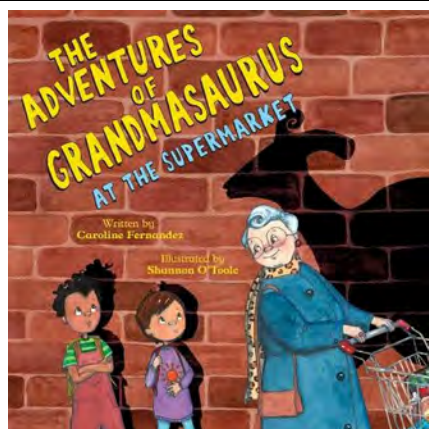


With their vacation plans and the safety of London at risk, the Math Kids are in for their most complex case yet! After a tough end to the school year, the Math Kids-Jordan, Justin, Stephanie, and Catherine-take a jet to London.

COMMON DEER PRESS

Category: FICTION  
Disc: TRADE INTERNATIONAL  
Release Date: September 2023  
9781988761763

Paperback  
AUD\$: 26.99



### At the Supermarket

By Caroline Fernandez, Shannon O'Toole

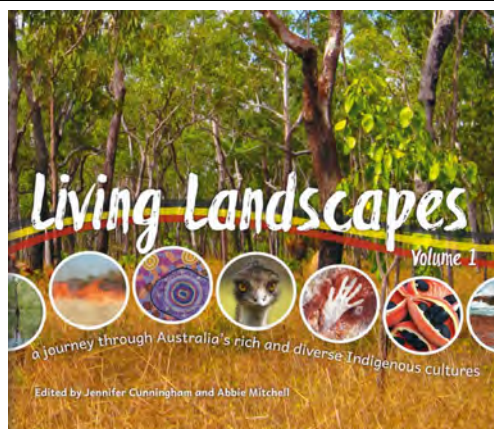


The grocery store may be a normal place to visit, but there's nothing normal about a Grandma who magically sneezes herself into different dinosaurs!

COMMON DEER PRESS

Category: FICTION  
Disc: TRADE INTERNATIONAL  
Release Date: September 2023  
9781988761695

Paperback  
AUD\$: 26.99



### Living Landscapes

By Stewart McPherson



A stunning variety of Australian landscapes are illustrated through the insights and perspectives of the First Nation groups who have contributed to this title.

JANE GOODALL INSTITUTE AUSTRALIA

Category: EDUCATIONAL MATERIAL  
Disc: TRADE AUSTRALIAN  
285 X 240 mm  
Release Date: May 2023  
9781908787408

Hardback  
160 pages  
COLOUR THROUGHOUT  
AUD\$: 29.99



**Amazing Ace,  
Awesome Aro**

By *Victoria Barron*



This illustrated introduction is a fun and quirky guide to the ace and aro world. Packed with quizzes, activity sheets and a directory of further resources, this is a celebration of all things ace and aro!

**JESSICA KINGSLEY PUBLISHERS**

Category: SOCIETY CULTURE: GEN

Disc: TRADE INTERNATIONAL

236 X 173 mm

Release Date: September 2023

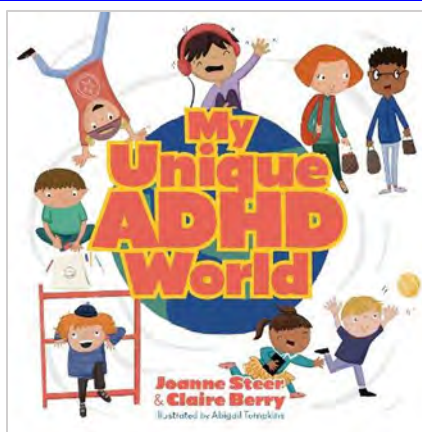
**9781839977145**

Hardback

96 pages

COLOUR SECTION(S)

**AUD\$: 28.99**



**My Unique  
ADHD World**

By *Joanne Steer,  
Claire Berry*



I am great at thinking quickly! I have a great sense of humour! What are you really great at? I have trouble finishing my homework... I get distracted easily... Do similar things happen to you?

**JESSICA KINGSLEY PUBLISHERS**

Category: FAMILY & HEALTH

Disc: TRADE INTERNATIONAL

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Release Date: September 2023

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Hardback

32 pages

**AUD\$: 28.99**



**So, I'm Autistic**

By *Sarah O'Brien*



Autistic advocate Sarah O'Brien helps newly diagnosed autistic teens and young adults to understand what autism is, remove stigmas and learn how to make the neurotypical world work for them.

**JESSICA KINGSLEY PUBLISHERS**

Category: CLINICAL/INT'L MEDIC

Disc: TRADE INTERNATIONAL

216 X 138 mm

Release Date: September 2023

**9781839972263**

Paperback

256 pages

**AUD\$: 33.99**



**The First Three Years of  
the Child**

By *Karl Koenig, Carlo Pietzner*



A classic exploration of the first three years of a child's life from Karl Koenig, physician, anthroposophist, and founder of the Camphill movement, offering valuable insights into early years' development.

**FLORIS BOOKS**

Category: PRE-CLINICAL MEDIC

Disc: TRADE INTERNATIONAL

216 X 138 mm

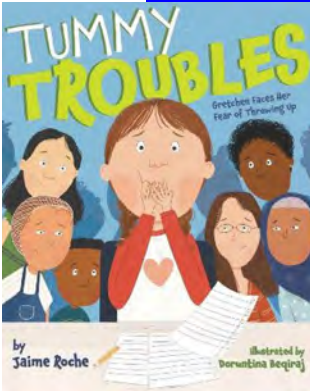
Release Date: September 2023

**9781782508472**

Paperback

160 pages

**AUD\$: 39.99**

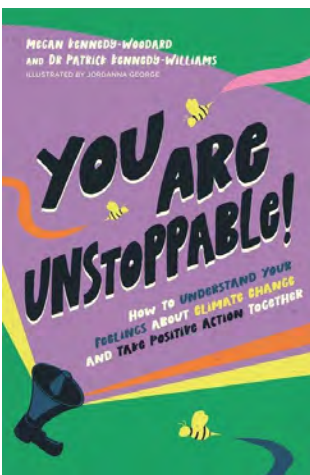


**Tummy Troubles**  
**Gretchen Gets a GRIP on Her Fear of Throwing Up**

*By Jaime Roche, Doruntina Beqiraj*

Tummy Troubles is the story of Gretchen, who loves pizza day at school until a stomach bug causes an embarrassing scene for her in the cafeteria. The story follows Gretchen as she navigates her way through her newly developed fear of vomiting. With the help of her school counsellor and the acronym GRIP, Gretchen learns an extremely effective diaphragmatic breathing method that helps reduce the physiological symptoms associated with the fight or flight response, such as digestive distress.

**MAGINATION PRESS**  
LIFE SKILL/GEN STUDS  
Disc: TRADE INTERNATIONAL  
Hardback  
254 X 203 mm  
32 Pages  
Rel Date: September 2023  
**9781433840784**  
**AUD\$: 42.99**

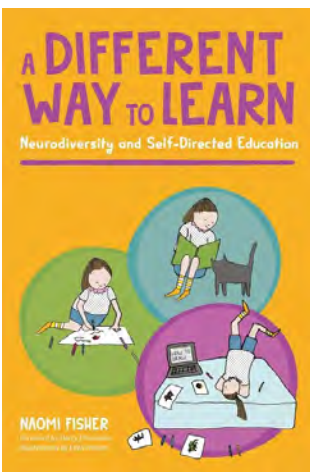


**You Are Unstoppable!**

*By Megan Kennedy-Woodard, Dr. Patrick Kennedy-Williams*

Have you ever felt worried, sad, unsure, or angry when thinking about what climate change might mean for our planet, for animals and for us? Did you know that you can use the power of these emotions to support yourself and the planet? This book will show you how to notice feelings that come up when you think about climate change and what you can do, support yourself through self-care (your secret weapon!), turn climate anxiety into climate action, talk to people about climate change and inspire them, and enjoy the climate work you do! With fun, hands-on activities, from thought experiments to building bug hotels, this book will be your guide and cheerleader as you turn climate worries into positive climate action. You are unstoppable!

**JESSICA KINGSLEY PUBLISHERS**  
LIFE SKILL/GEN STUDS  
Disc: TRADE INTERNATIONAL  
Paperback  
229 X 152 mm  
112 Pages  
B&W THROUGHOUT  
Rel Date: September 2023  
**9781839974229**  
**AUD\$: 33.99**



**A Different Way to Learn**  
**Neurodiversity and Self-Directed Education**

*By Naomi Fisher*

'If you are a parent worrying whether self-directed education will work for your child, because you have been told that they have special needs which can only be met in the school system - think again! Neurodivergent children experience and interact with the world differently to many of their peers. Standard educational systems often fail to adapt to their unique strengths and ways of learning. School, and even the act of learning, can become a source of great anxiety and trauma. Self-directed education offers an alternative to traditional schools that can help neurodivergent children develop at their own pace and thrive. Blending theory, practical advice and lived experience, clinical psychologist Naomi Fisher introduces the world of self-directed learning and tailoring the learning environment to your child.

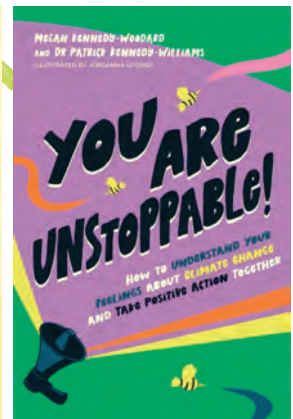
**JESSICA KINGSLEY PUBLISHERS**  
EDUCATION  
Disc: TRADE INTERNATIONAL  
Paperback  
229 X 152 mm  
224 Pages  
B&W THROUGHOUT  
Rel Date: September 2023  
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**AUD\$: 38.99**





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## Kids & Parenting



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